

Lasers and Spectroscopy in Medicine

Based on a lecture in connection with
a symposium in honour of Prof. Bo Baldetorp,
outgoing chair of Department of Clinical Sciences, Lund University Hospital



LUNDS
UNIVERSITET

Katarina Svanberg
Sune Svanberg

Lund Medical Laser Centre
LLC
Lund University
Sweden

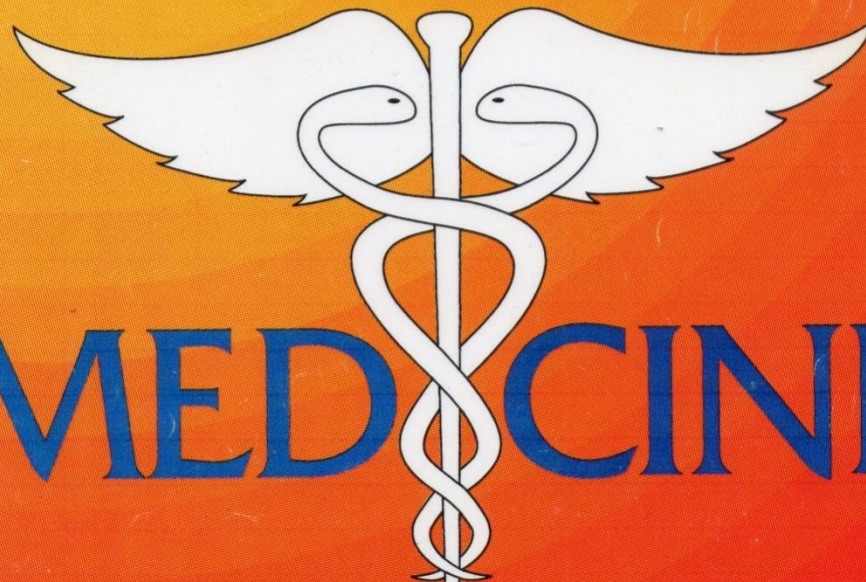


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Analytical
CHEMISTRY

 **LASERS**

in



MEDICINE

19A

Analytical
Chemistry
Review by
Lund
University
Researchers
(1989)

Medical Laser Treatment

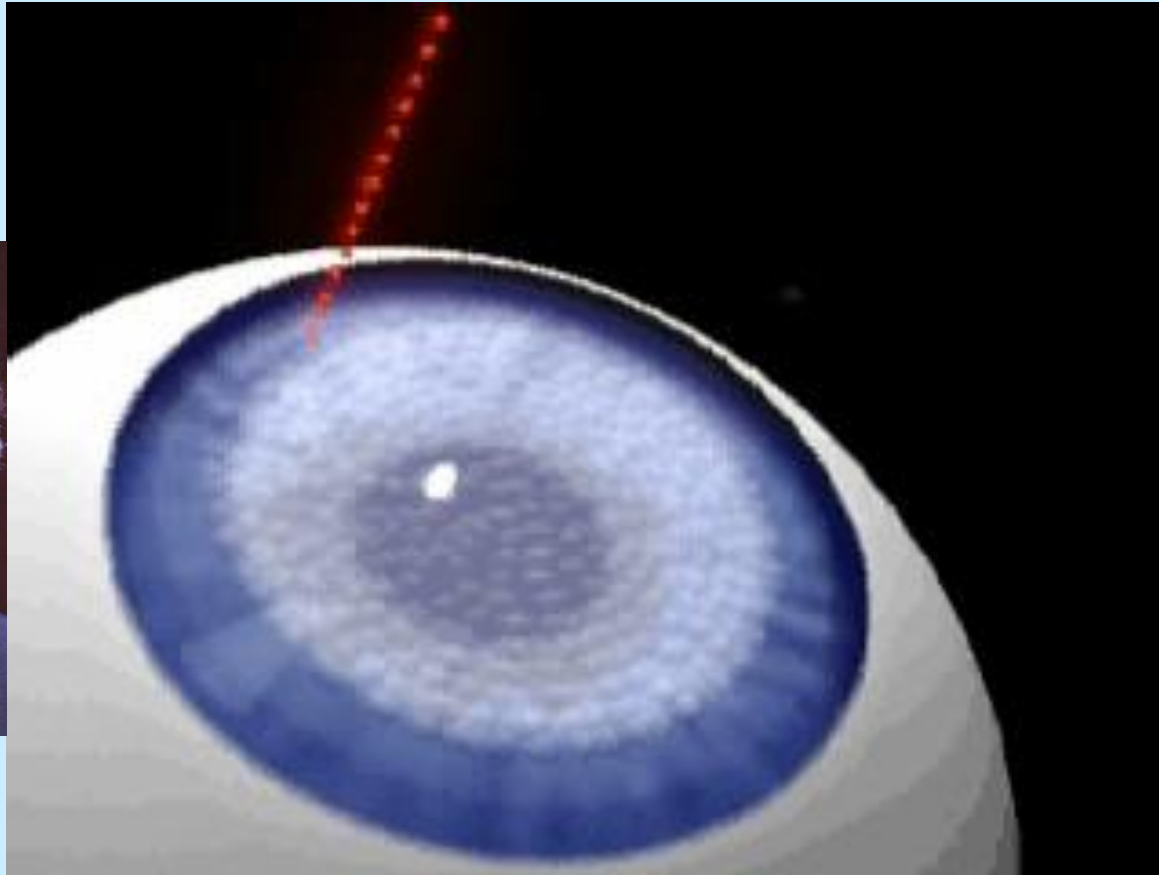
Early LU work:
Stig-Björn Lundqvist
Zoltan Bekassy
Sven-Erik Karlsson
Birgitta Bauer
Karl Tranberg

- ▶ Laser surgery
 - Eye (Ar-ion, Nd:YAG, Excimer lasers, CPA Ti:S)
 - Skin (CO₂-, Dye, Ruby, Ar-ion lasers)
 - General Surgery (Nd:YAG, diode, CO₂ lasers)



Femtosecond Surgery

Corneal Reshaping for Vision Correction



Courtesy: T. Juhasz, R. Kurtz, G. Mourou

Enabled through chirped-pulse amplification (CPA) lasers
24 million patients treated – Nobel Prize Physics 2018
(Strickland and Mourou)

Lund Laser Medicine Group 1983 - Medical Laser Centre 1991 -

Laser-Induced Fluorescence Studies of Hematoporphyrin Derivative (HPD) in Normal and Tumor Tissue of Rat

Appl. Spectr. 1984

J. ANKERST, S. MONTÁN, K. SVANBERG, and S. SVANBERG

Multicolor imaging and contrast enhancement in cancer-tumor localization using laser-induced fluorescence in hematoporphyrin-derivative-bearing tissue

Optics Lett. 1985

S. Montán, K. Svanberg,* and S. Svanberg

1990

Framställan om inrättande av ett för Medicinska och Tekniska Fakulteten gemensamt Medicinskt Lasercentrum

LUMLAC Proposal

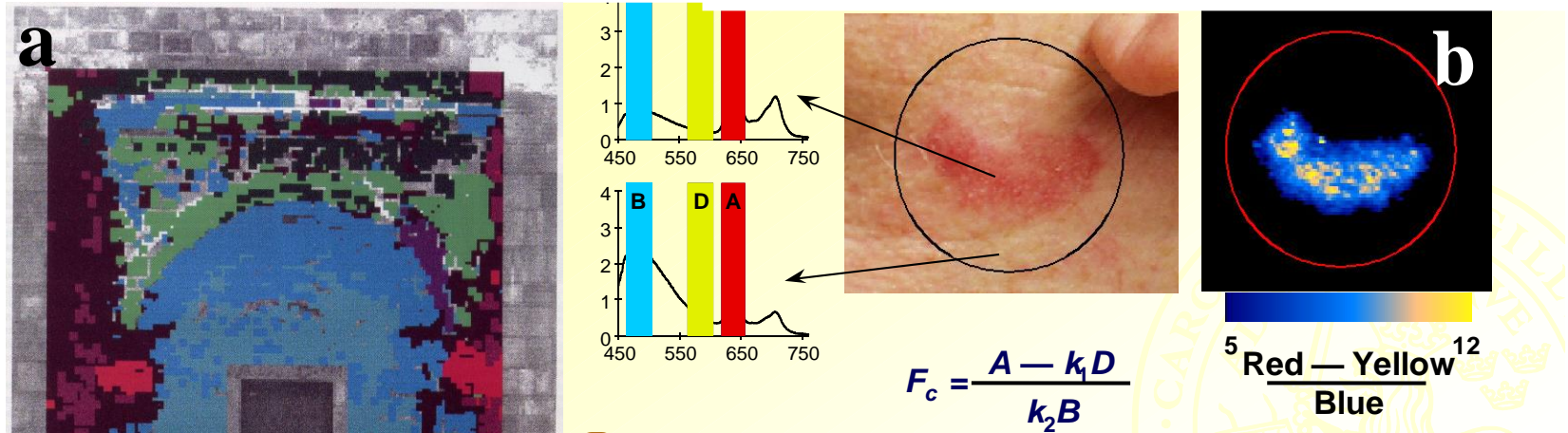
Lund som ovan

<i>Sune Svanberg</i> (Sune Svanberg) Atomfysik	<i>Ulf Killander</i> (Ulf Killander) Onkologi	<i>Linné Stehratz</i> (Linné Stehratz) Medicin	<i>Åke Stenroos</i> (Åke Stenroos) Patologi
<i>Sven-Erik Stenroos</i> (Sven-Erik Stenroos) Radiofysik	<i>Sven-Erik Karlsson</i> (Sven-Erik Karlsson) Lungmedicin	<i>Hans Rorsman</i> (Hans Rorsman) Dermatologi	<i>Sven Laurik</i> (Sven Laurik) Röntgen- diagnostik
<i>Åke Carlsson</i> (Åke Carlsson) Neurokirurgi	<i>Tranberg</i> (Tranberg) Kirurgi	<i>Erik Ståhl</i> (Erik Ståhl) Thoraxkirurgi	<i>Sven Eriksson</i> (Sven Eriksson) Kardiologi
<i>Zoltan Bodo</i> (Zoltan Bodo) Oftalmologi	<i>Ake Elner</i> (Ake Elner) Ofto-Rhino- laryngologi	<i>Zoltan Bodo</i> (Zoltan Bodo) Gynekologi	<i>Åke Elner</i> (Åke Elner) Urologi
<i>Ove Håkansson</i> (Ove Håkansson) Medicinteknik	<i>Åke Elner</i> (Åke Elner) Oral patologi	<i>Åke Elner</i> (Åke Elner) Parodontologi	

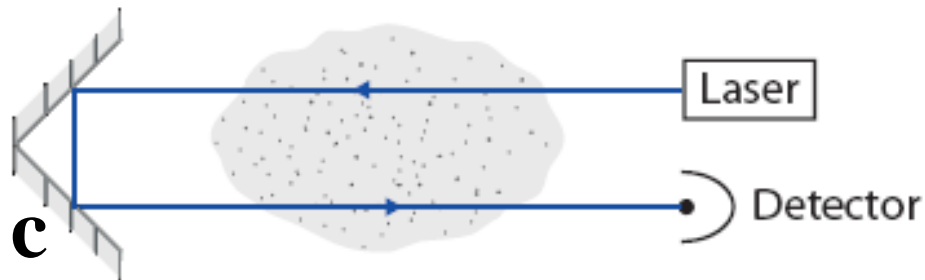
Present biophotonics in Lund (partial list)

- N. Reistad, Chr. Sturesson *et al.* *Tissue spectr.*
- V. Fellman, E.K. Svanberg *et al.*, *oxygenation*
- S. Kröll, L. Edvinsson *et al.*, *Slow light appl.*
- M. Malmsjö, N. Reistad *et al.* *Clin. Ph.acoust.*
- J. Bood *et al.* *GASMAS*
- N. Bendsoe *et al.* *Dermal PDT*
- Spectracure AB, Gasporox AB, GPX Medical ..*

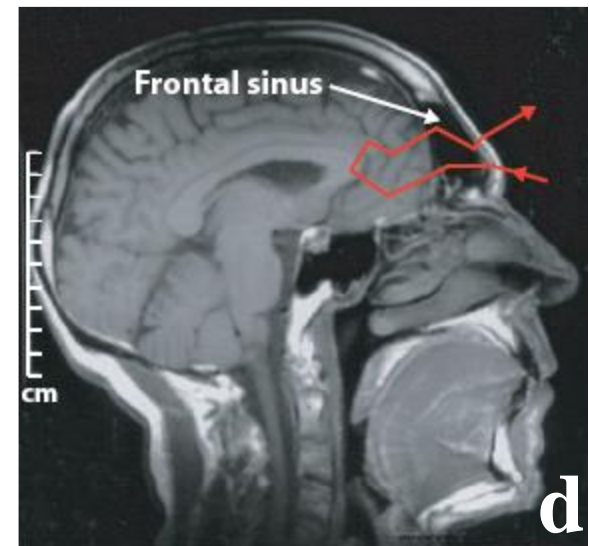
Example of Cross-Disciplinary Approach at Lund University: Environmental Monitoring connected to Biophotonics



Environment



Medicine

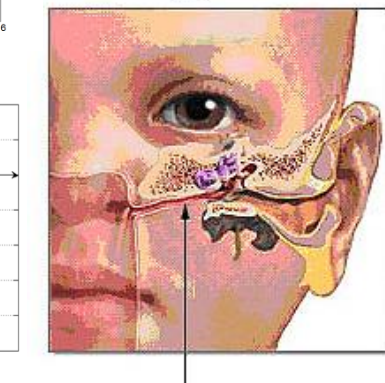
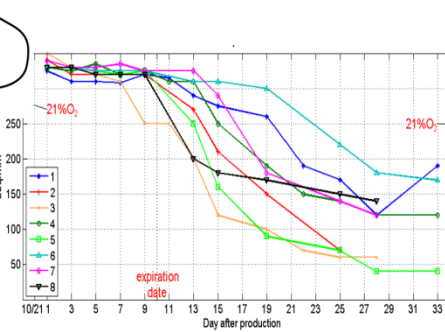
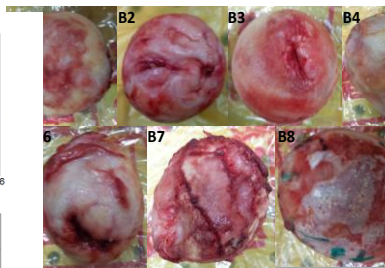
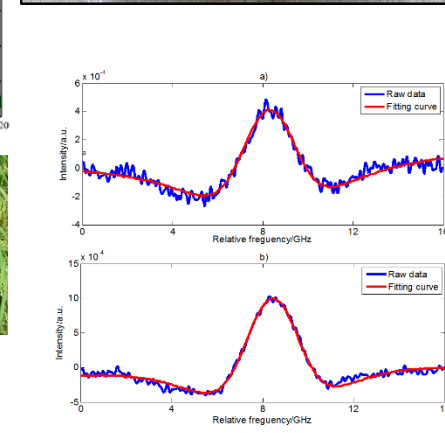
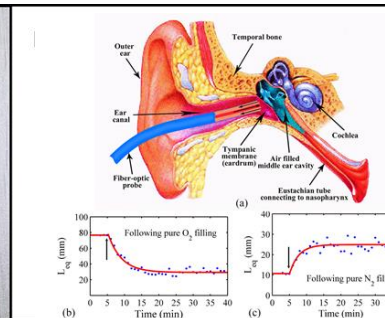
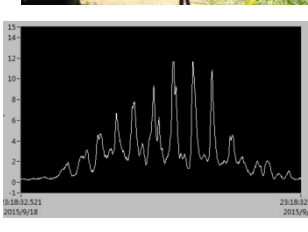
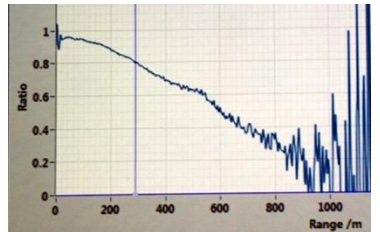
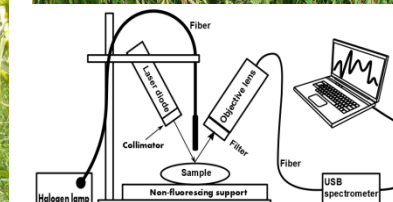
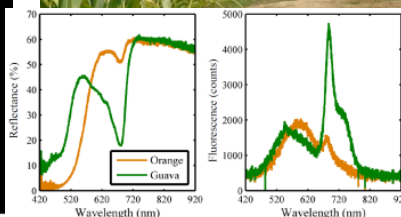
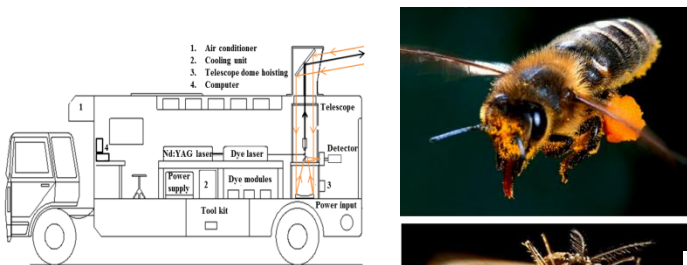


Along the same lines:

Interdisciplinary Sensing Group in Applied Laser Spectroscopy South China Normal University, Guangzhou

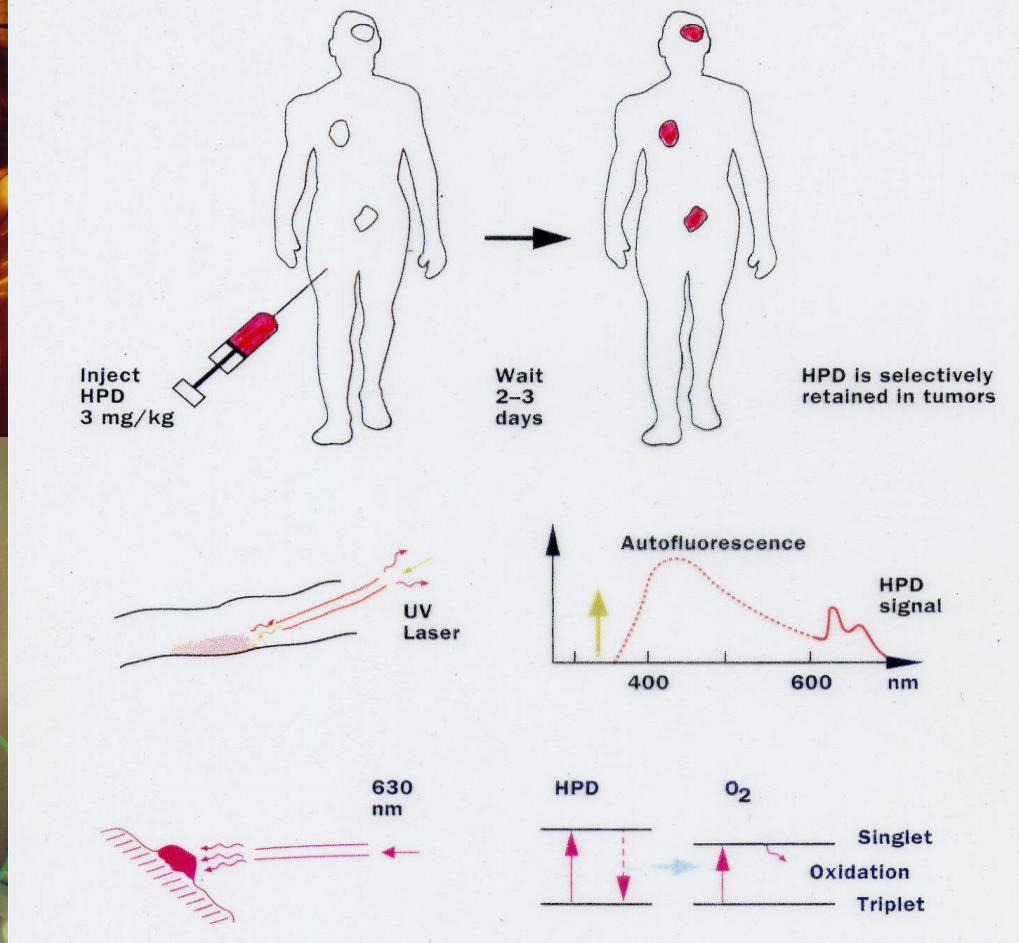
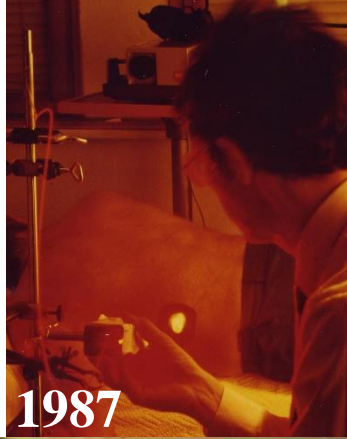
(Katarina Svanberg, Sune Svanberg; LU researcher with part-time China affiliation)

Environment - Ecology - Agriculture - Food Safety - Biomedicine



Photodynamic therapy (PDT) of malignant tumours

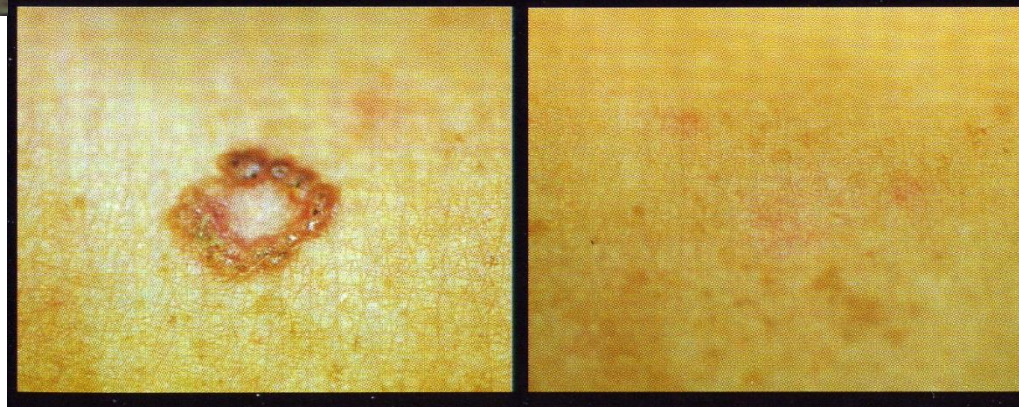
Early Coll.: E. Kjellén



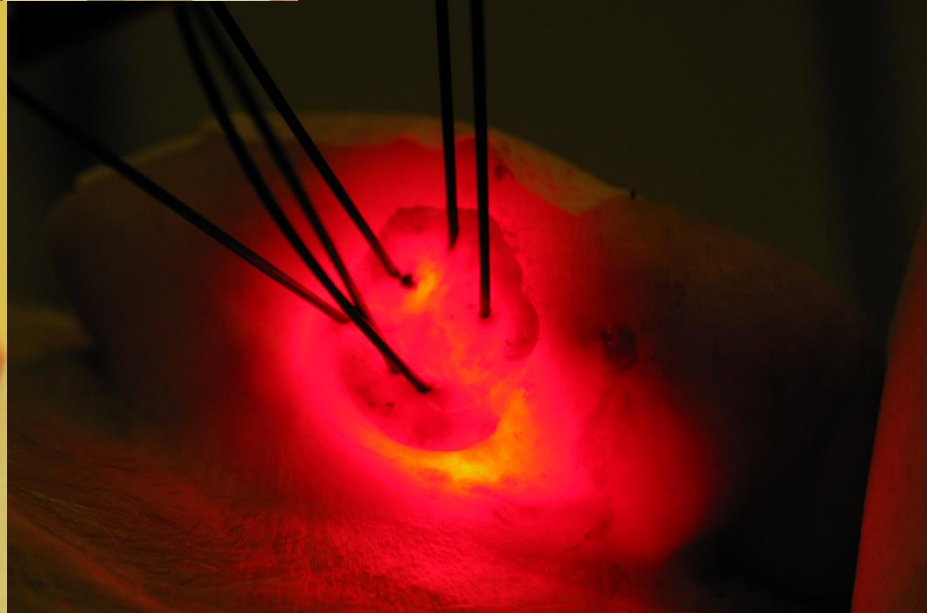
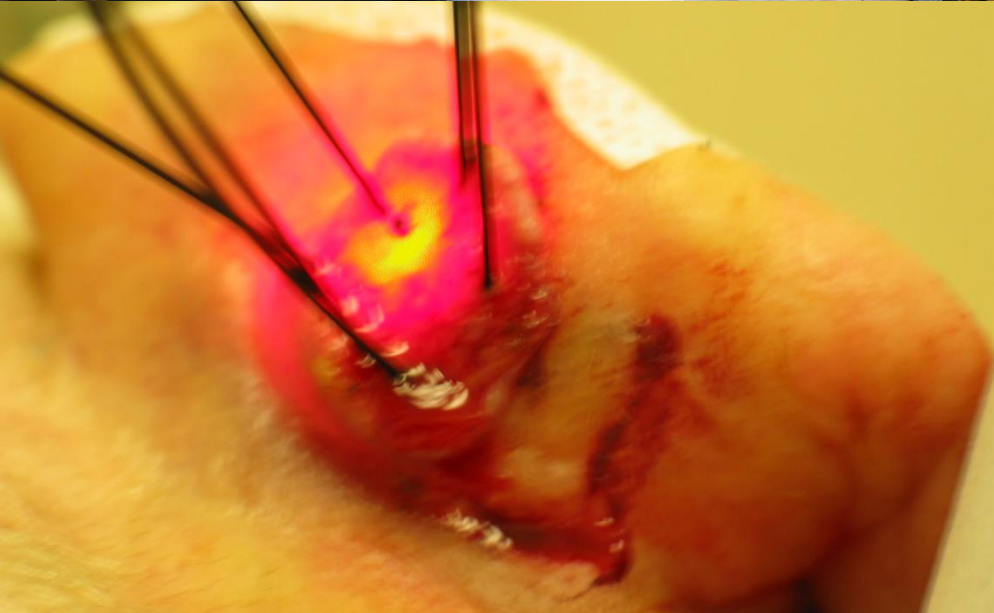
Coll.: D. Killander, T. Andersson, N. Bendsoe



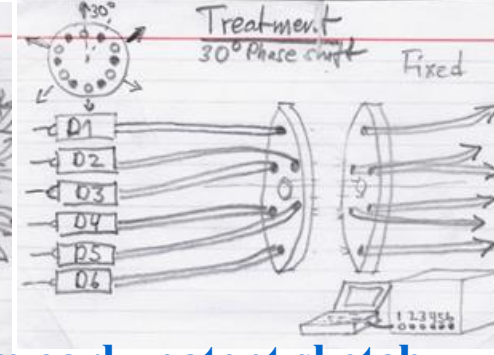
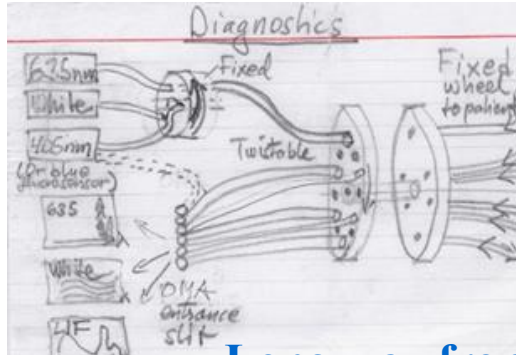
PDT of basal cell carcinoma and squamous cell carcinoma
Br. J. Derm. (1994)



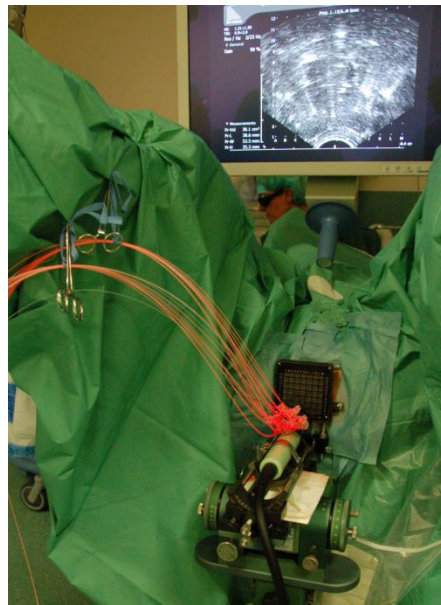
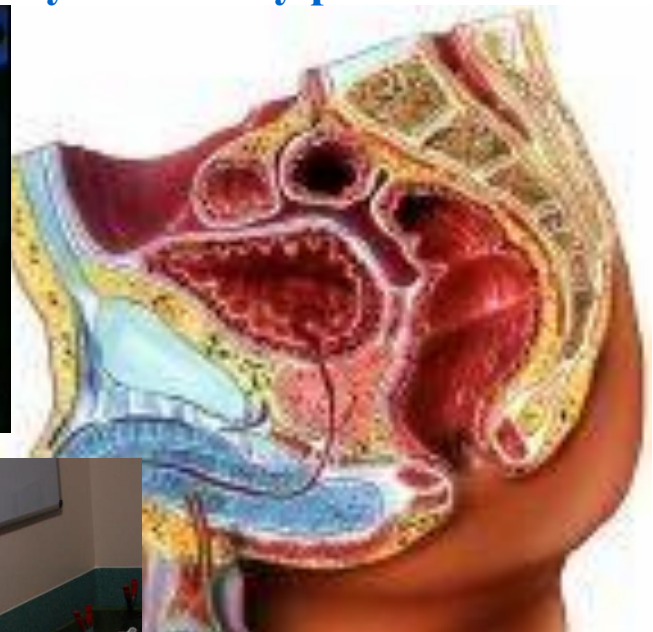
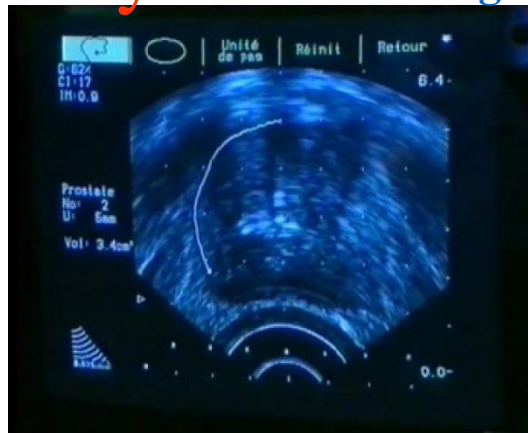
Interstitial Photodynamic Tumour Therapy



PDT interstitial treatment of recurrent prostate cancer integrated with dosimetry



Long way from early patent sketch ...



Interstitial PDT of recurrent prostate cancer



Treatment planning

Fiber positioning

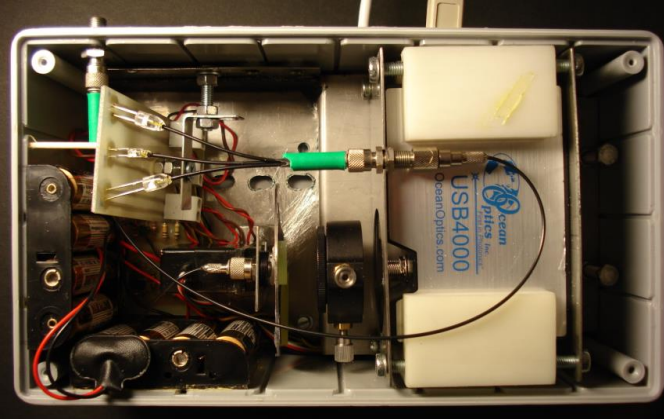
Therapy

Nathan Perlis and Robert Weersink, Princess Margret Hospital, Toronto

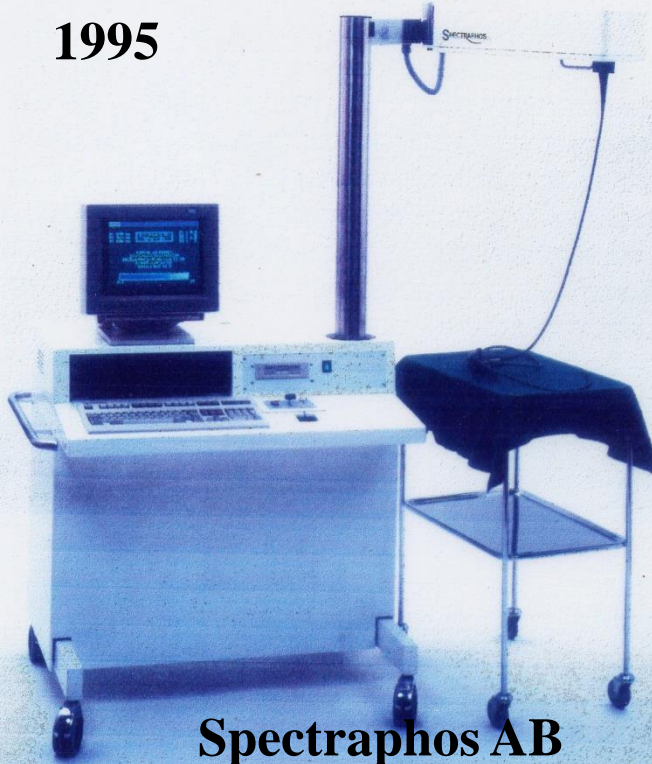
(April 2017)

Clinical studies in Toronto, Philadelphia and London

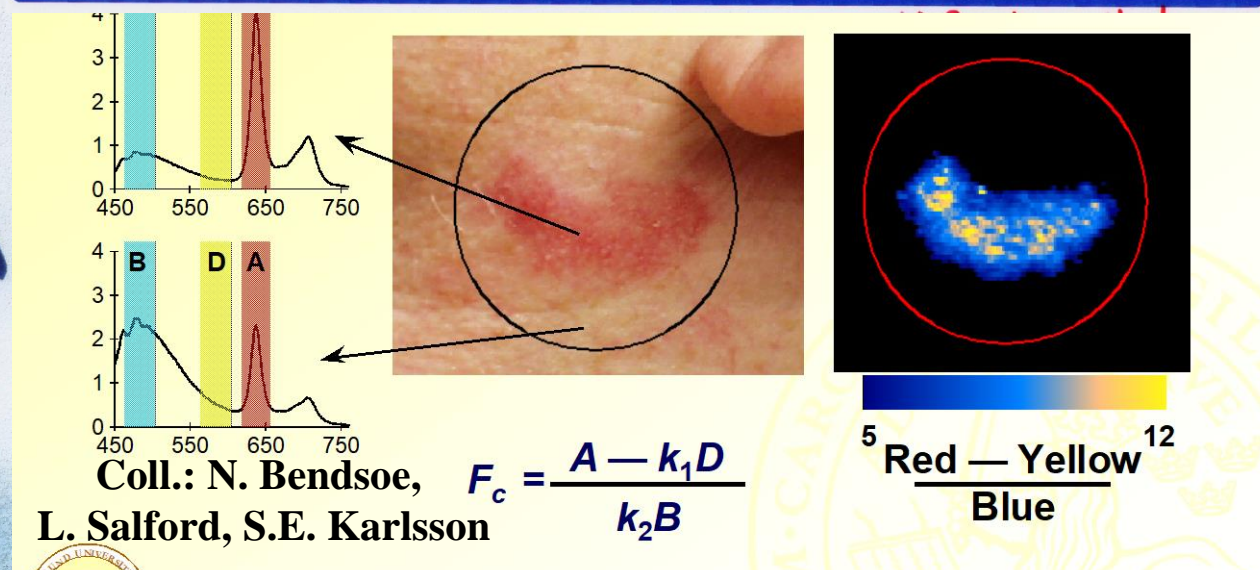
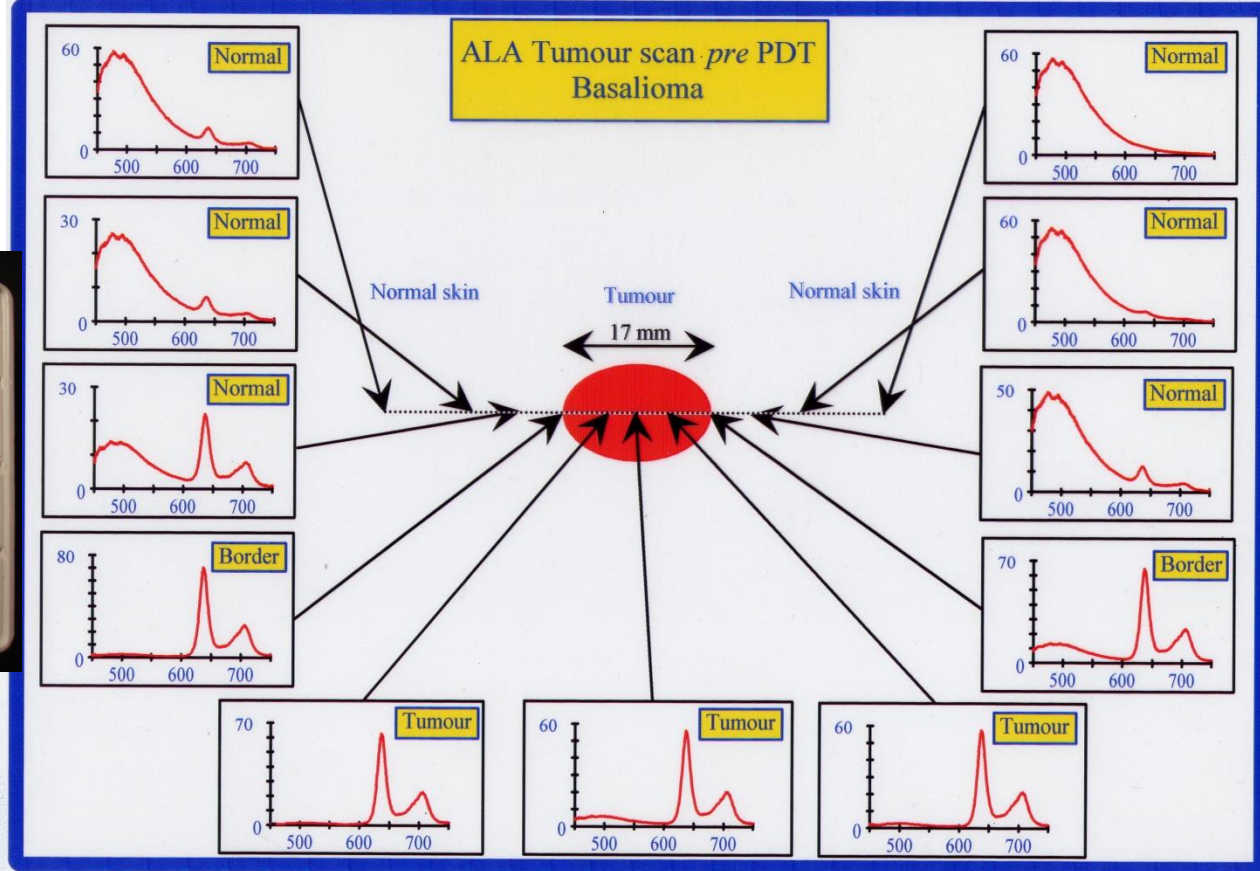
Fluorescence Diagnostics of Malignant Disease



1995



Spectraphos AB



Flow cytometry in cancer research (laser-induced fluorescence labelled malignant cells)

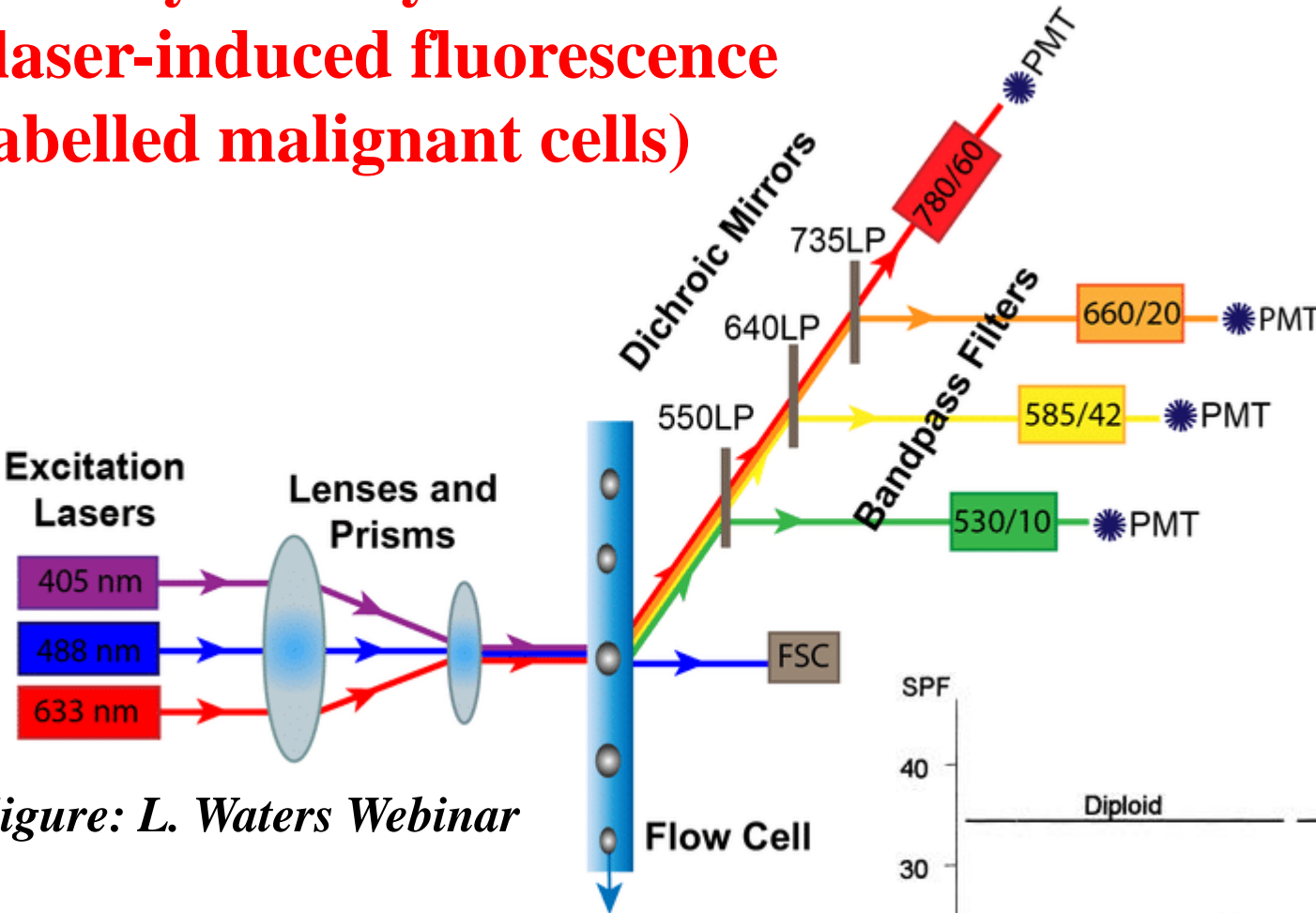
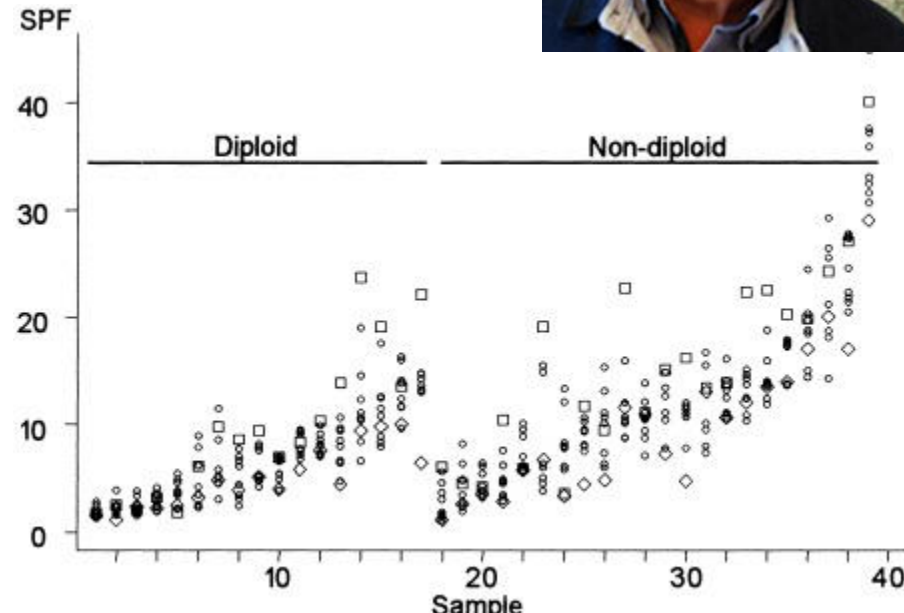
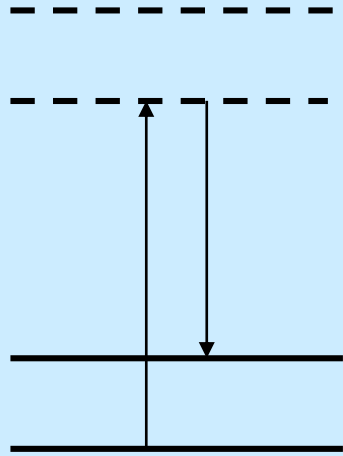


Figure: L. Waters Webinar

Baldetorp *et al.* (2013),
and numerous studies
before and after !!
(with Killander, Fernö, Olsson....)



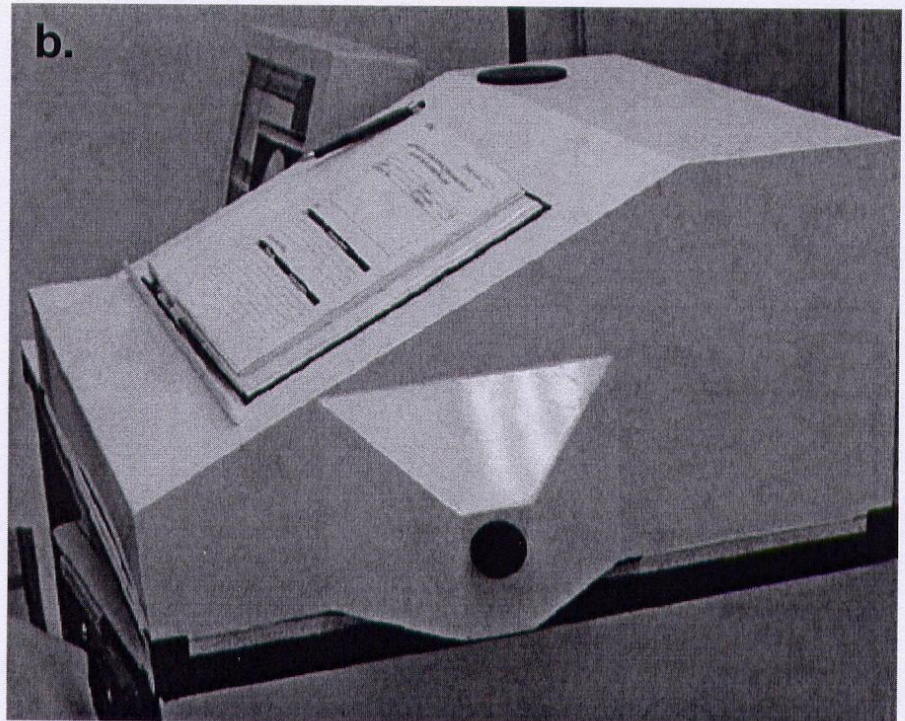
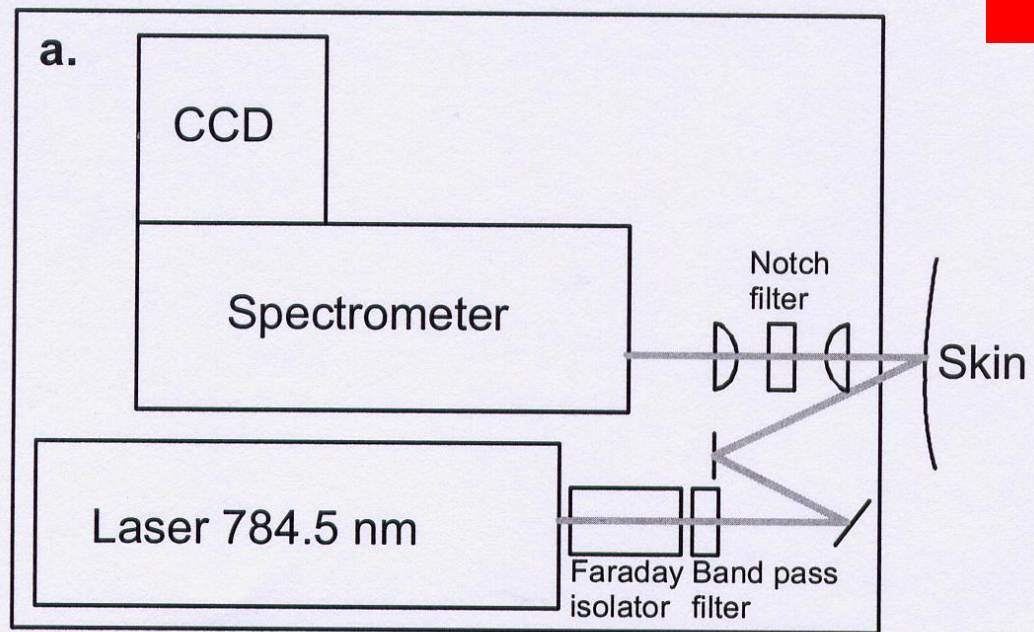
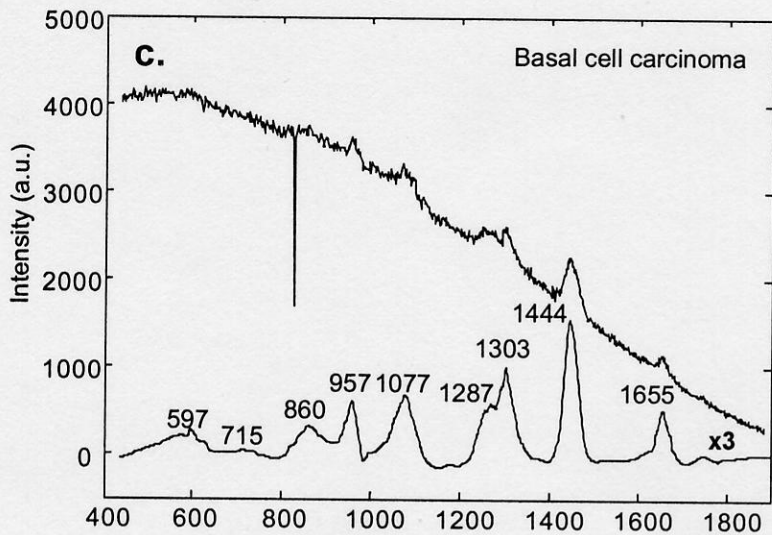
Raman Spectroscopy

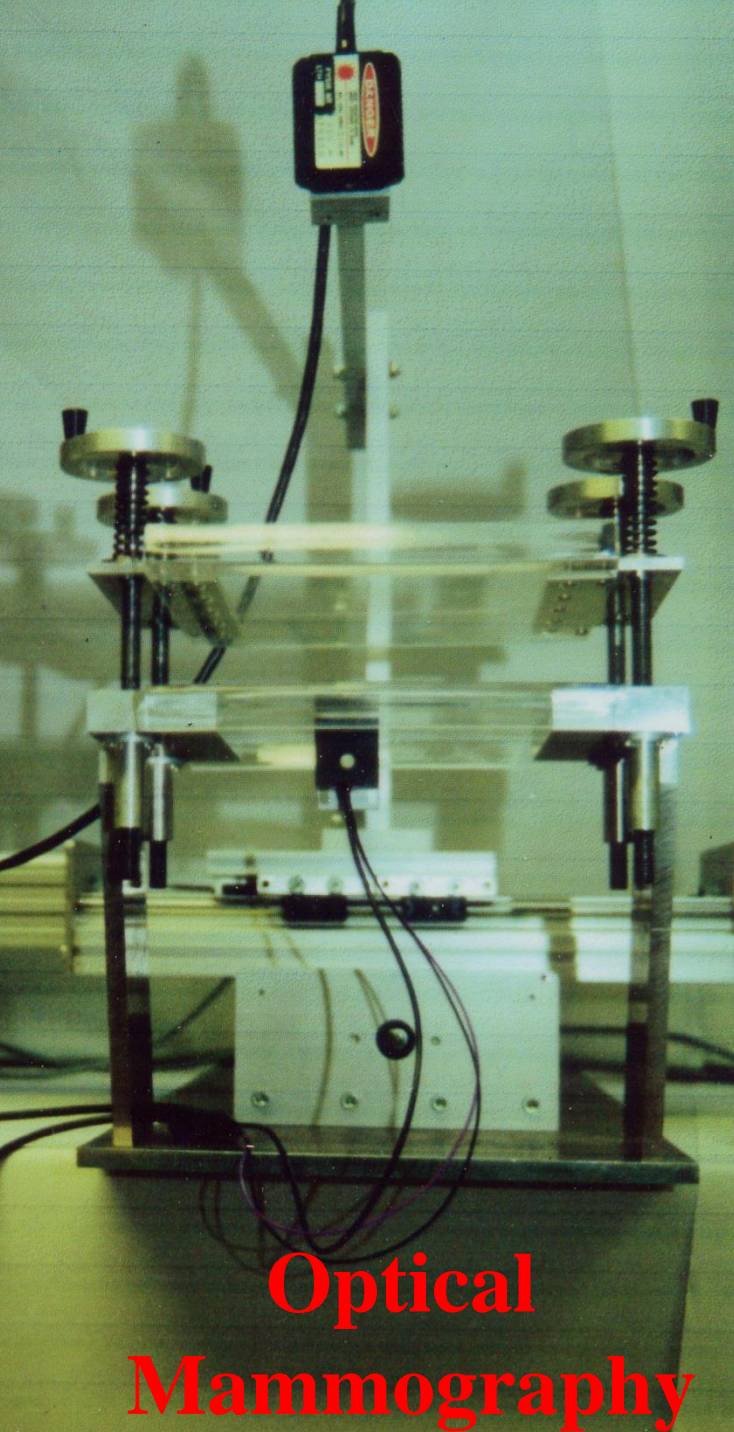


S. Pålsson *et al.* (2003)

Clinical study on 64 patients

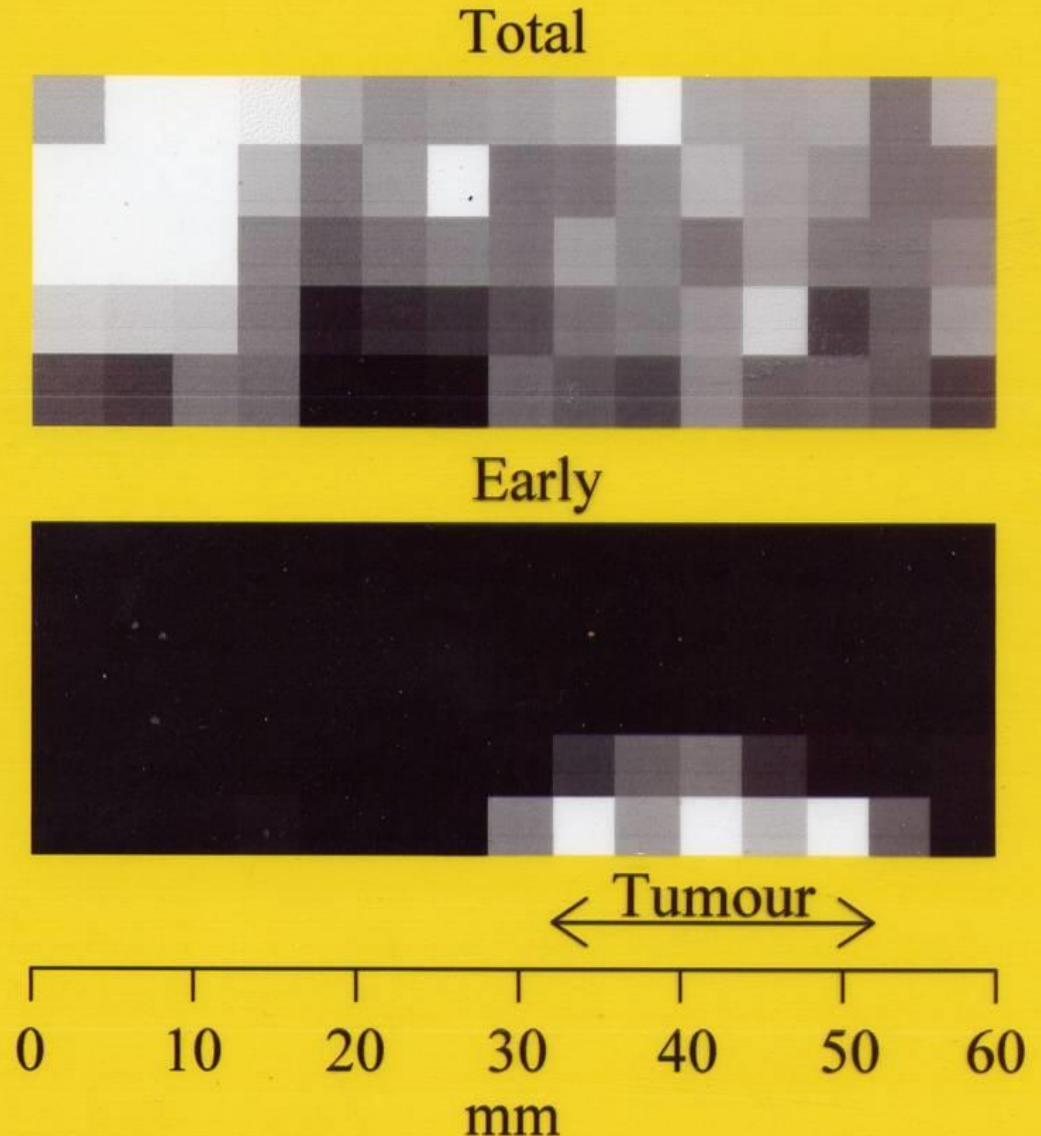
N. Bendsoe *et al.*





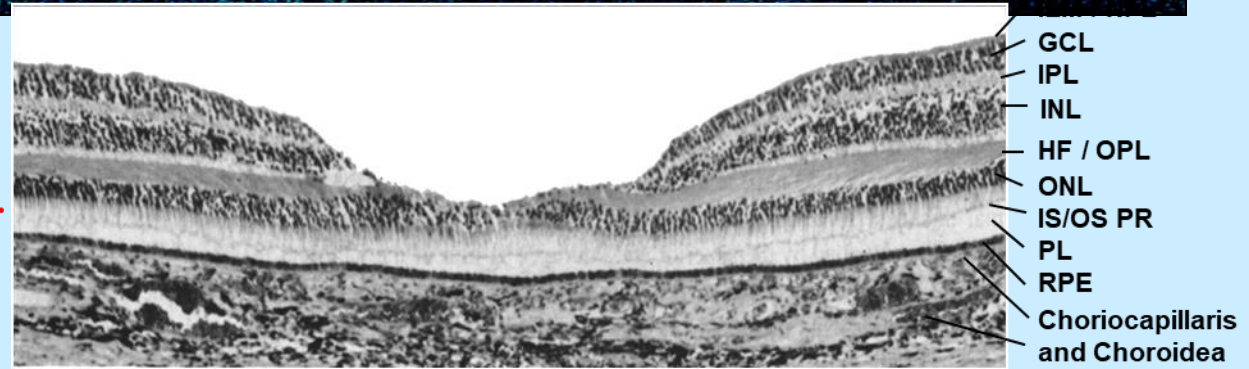
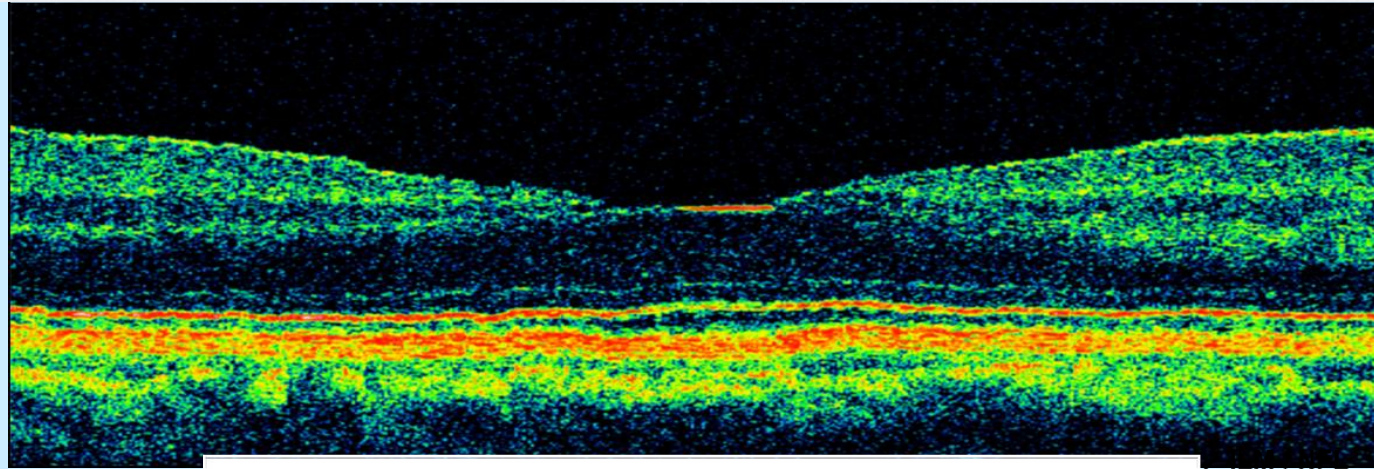
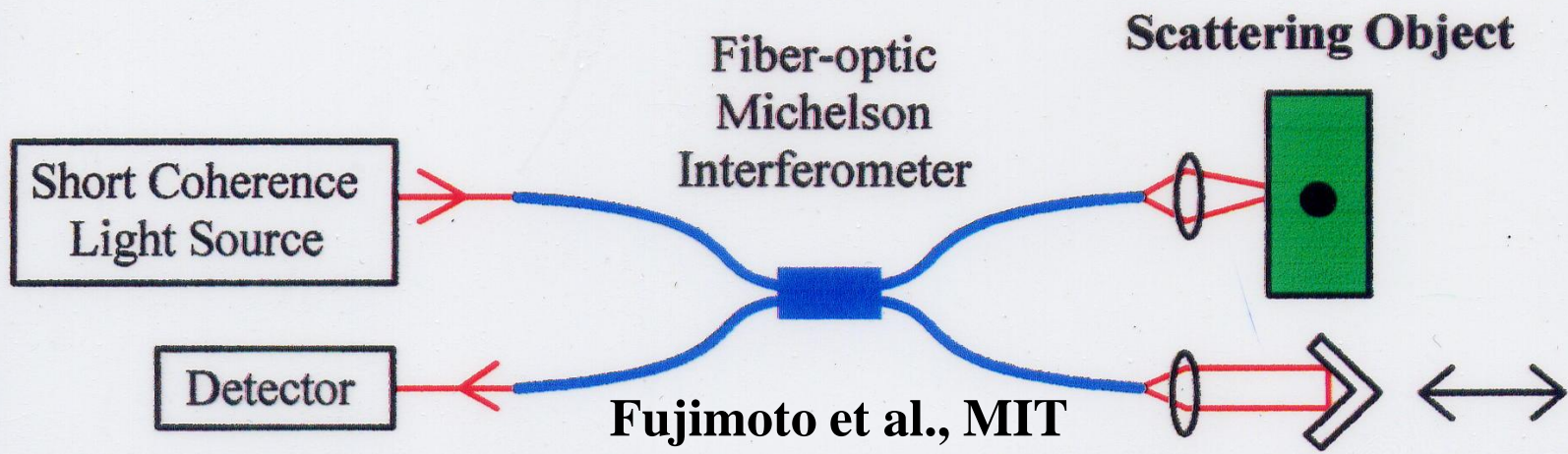
**Optical
Mammography**

Picosecond Diode Laser Transillumination Image of ductal cancer in female breast



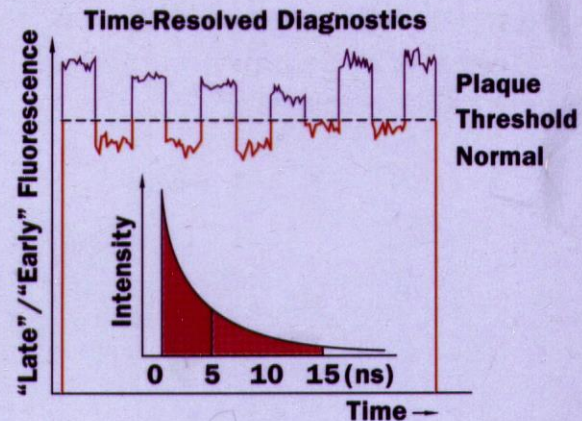
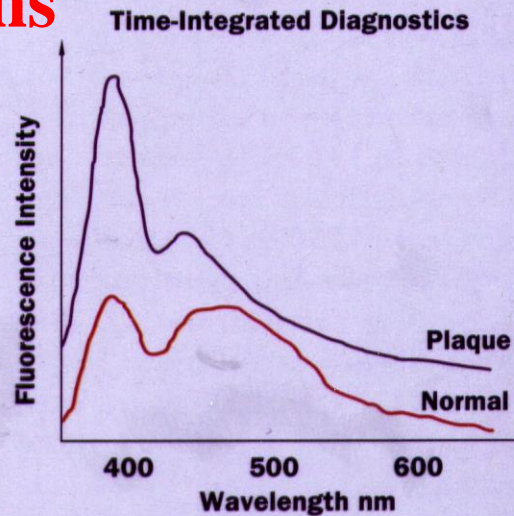
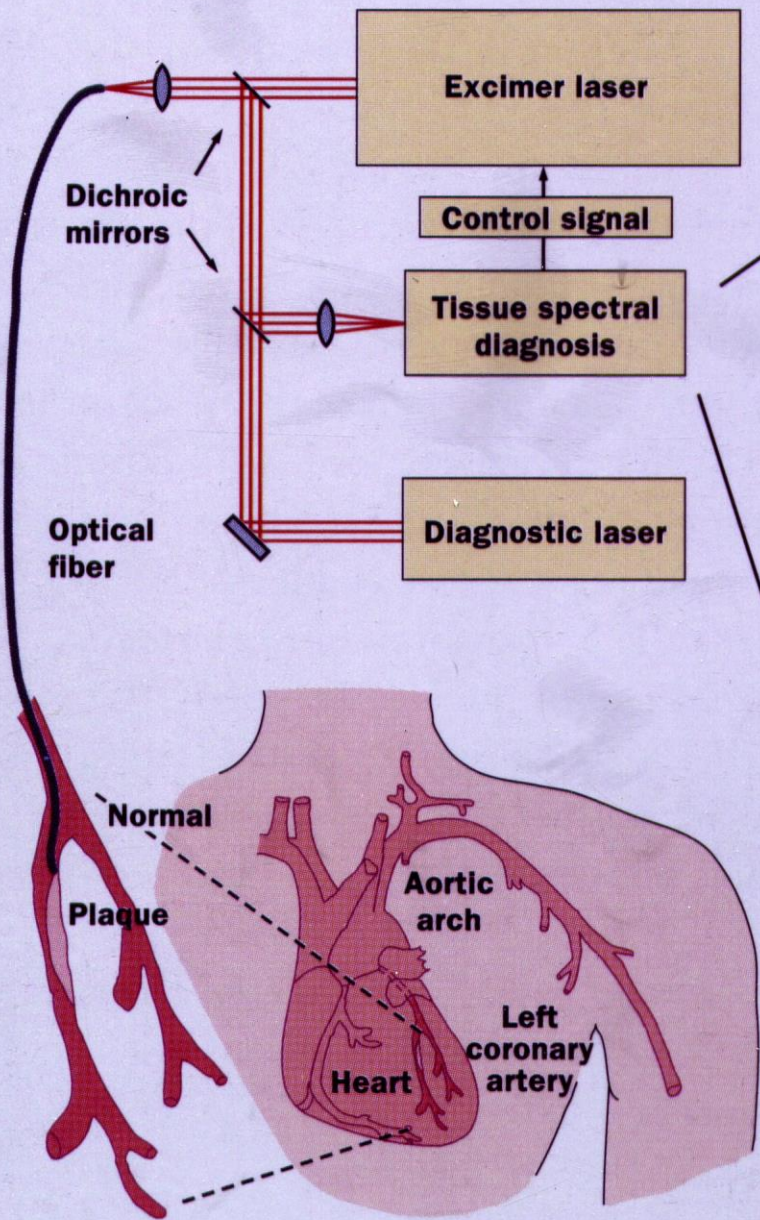
Berg, Jarlman, Svanberg (1993)

Optical Coherence Tomography

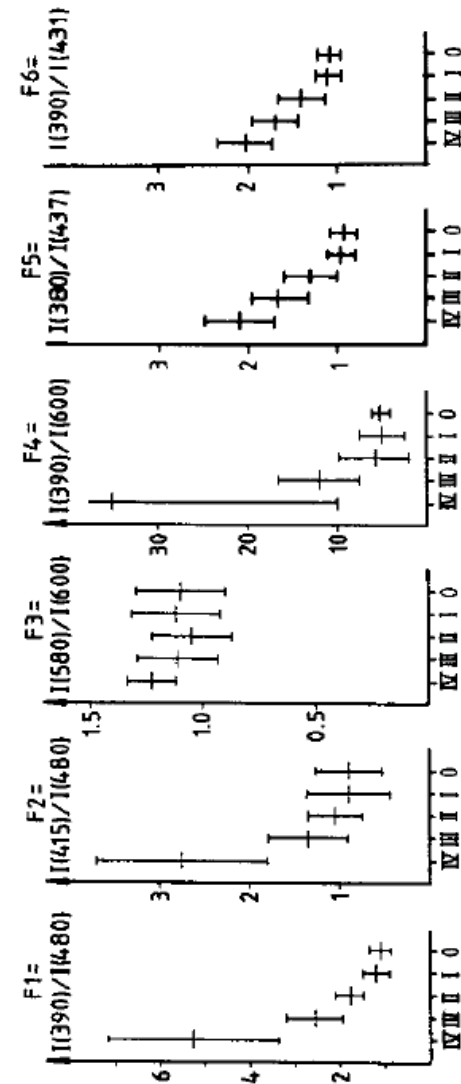


W. Drexler et al.
Vienna

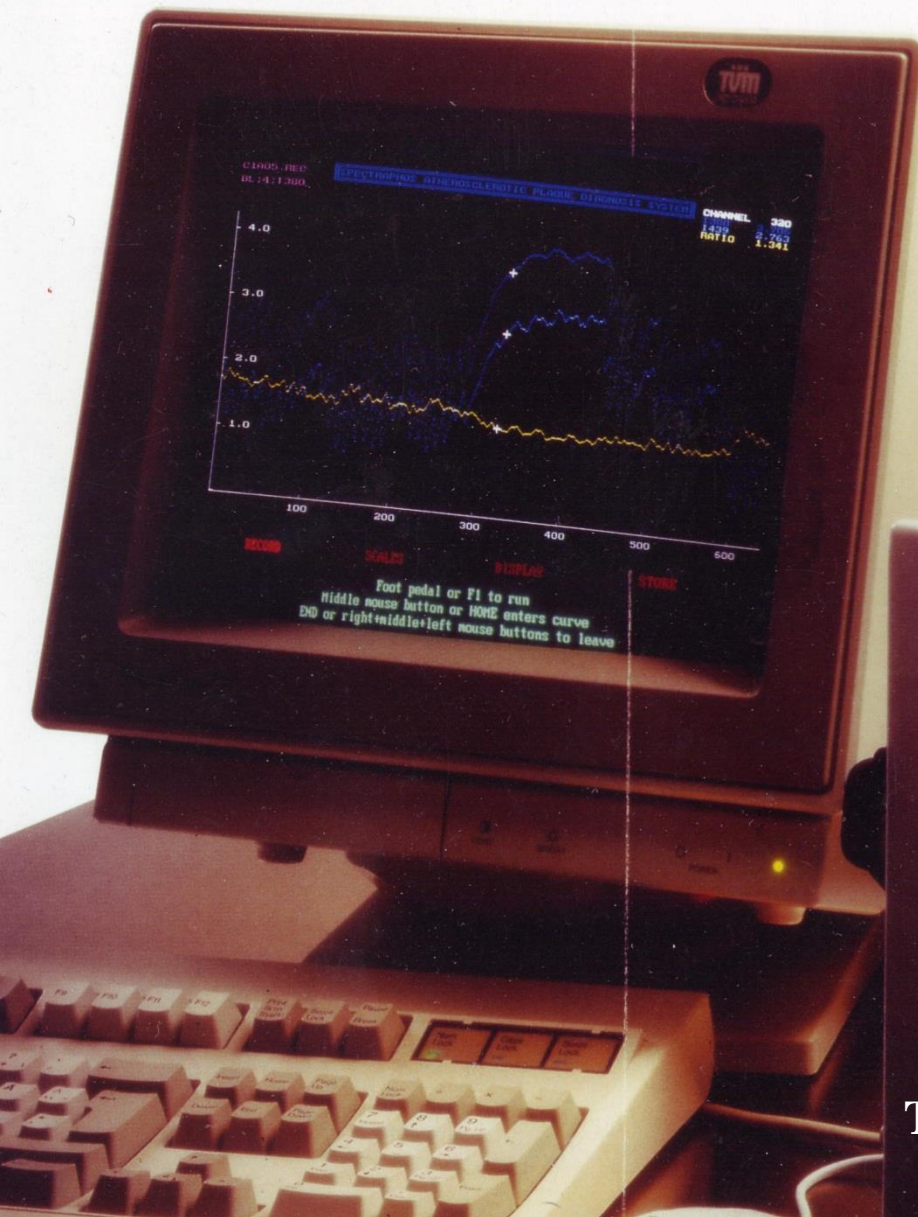
Cardiovascular applications



Vessel spectroscopic diagnostics

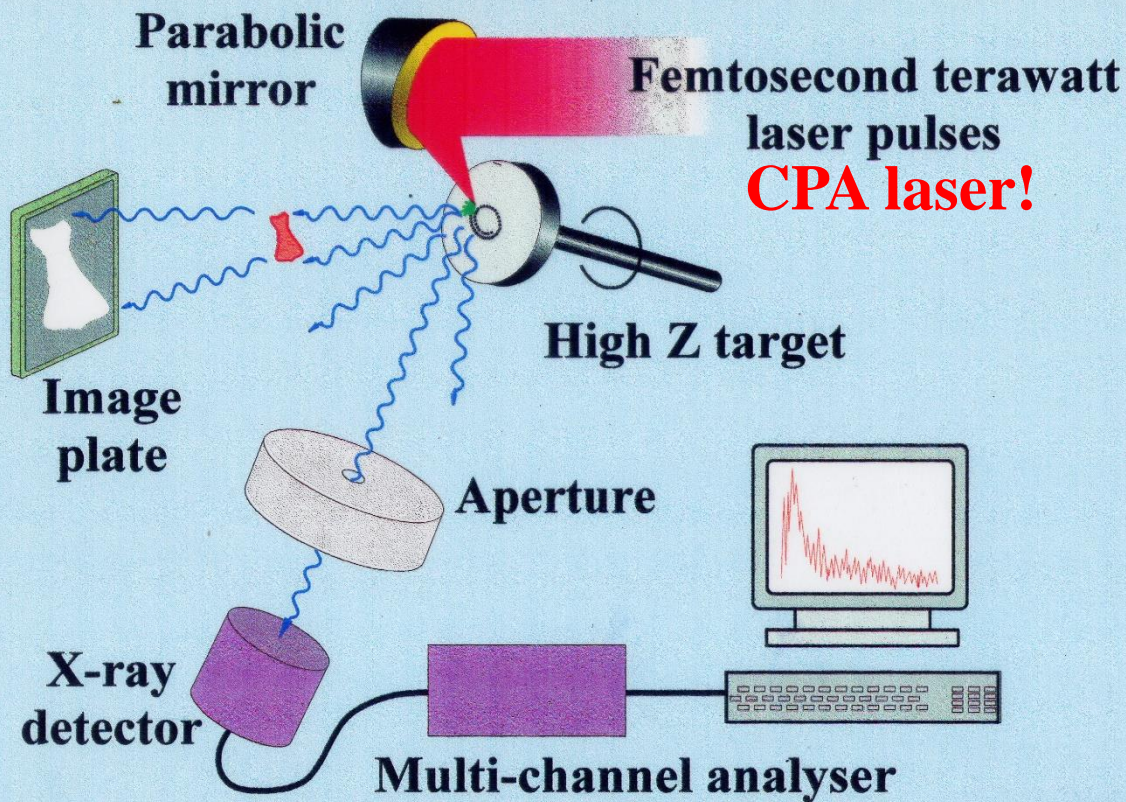


Atherosclerotic coronary artery real-time diagnostics (spectral and temporal)

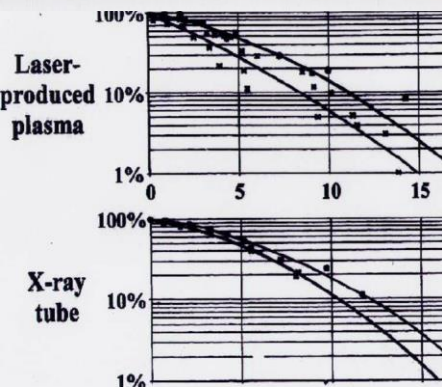


Tested *in-vivo* at Mass. General Hospital, Boston,
20 years ago....

Laser-produced hard X-rays

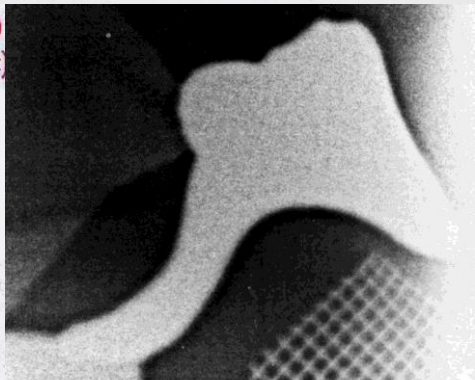
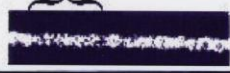


Carl Tillman 1994



body phantom (12 cm)
Hard X-rays (Ta-target)

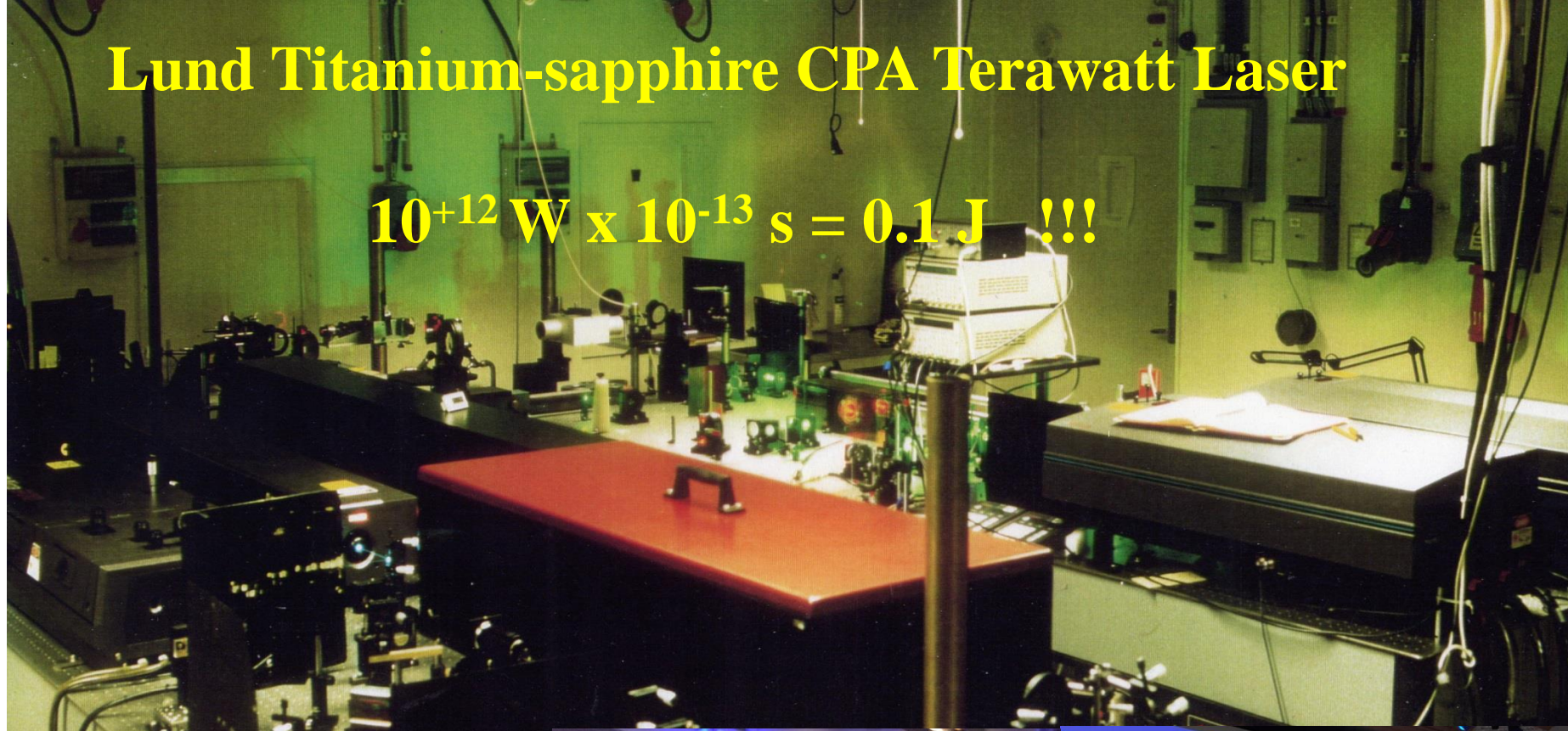
lead-shadow



Collaboration: C. Herrlin
S.E. Strandh, G. Swahn,

Lund Titanium-sapphire CPA Terawatt Laser

$$10^{+12} \text{ W} \times 10^{-13} \text{ s} = 0.1 \text{ J} \quad !!!$$

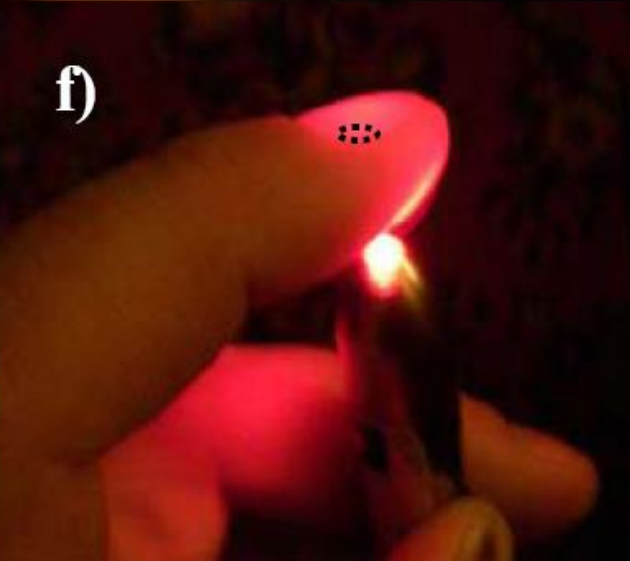
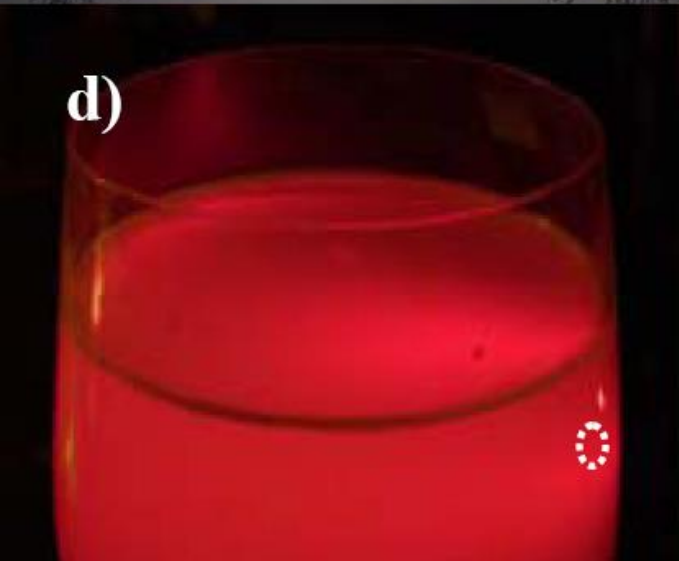
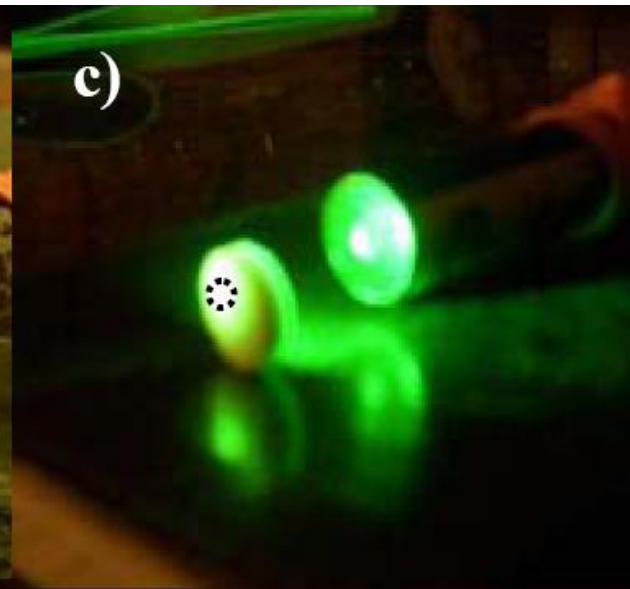
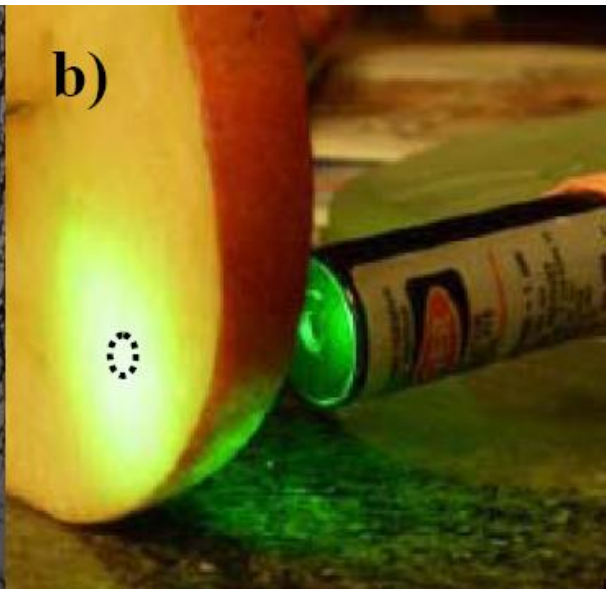
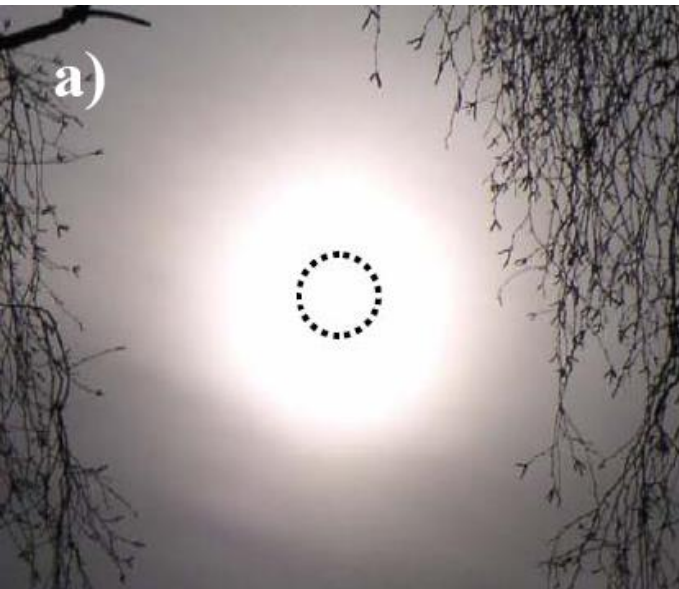


Nobelmottagning, Nordiska Museet 9 December 2018

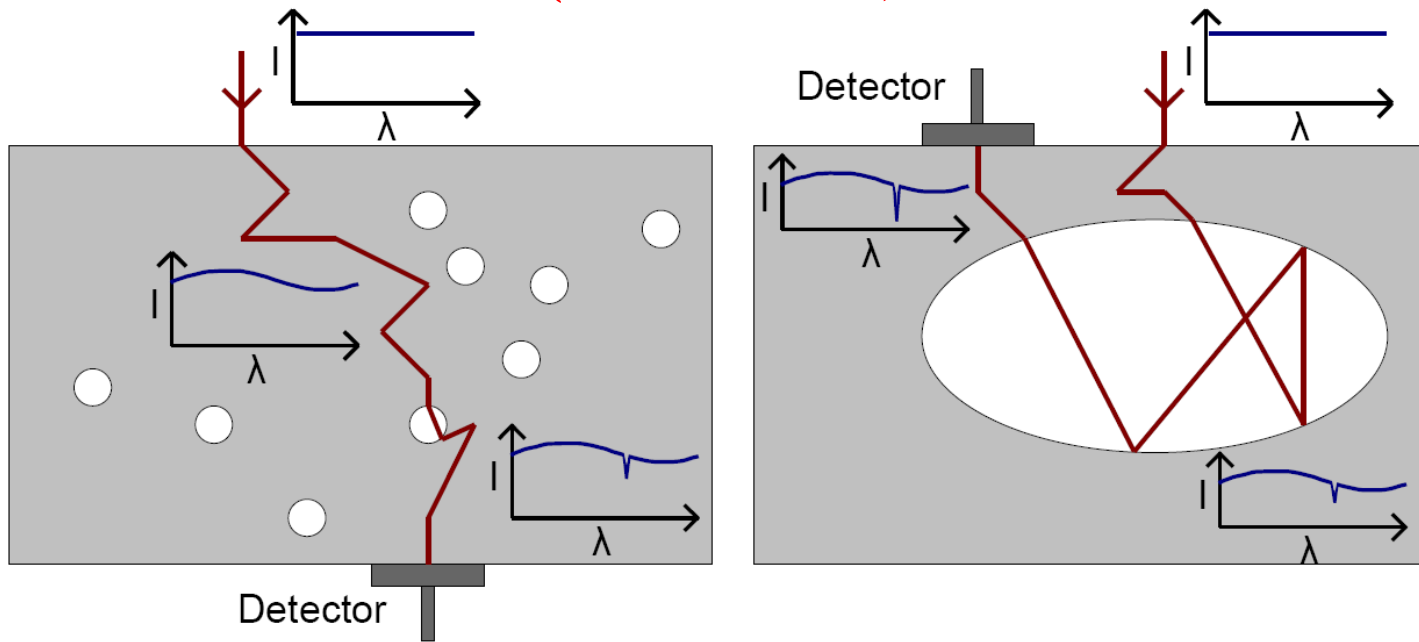


Nobelföreläsningar
Aula Magna SU
8 december 2018

Optics in scattering media

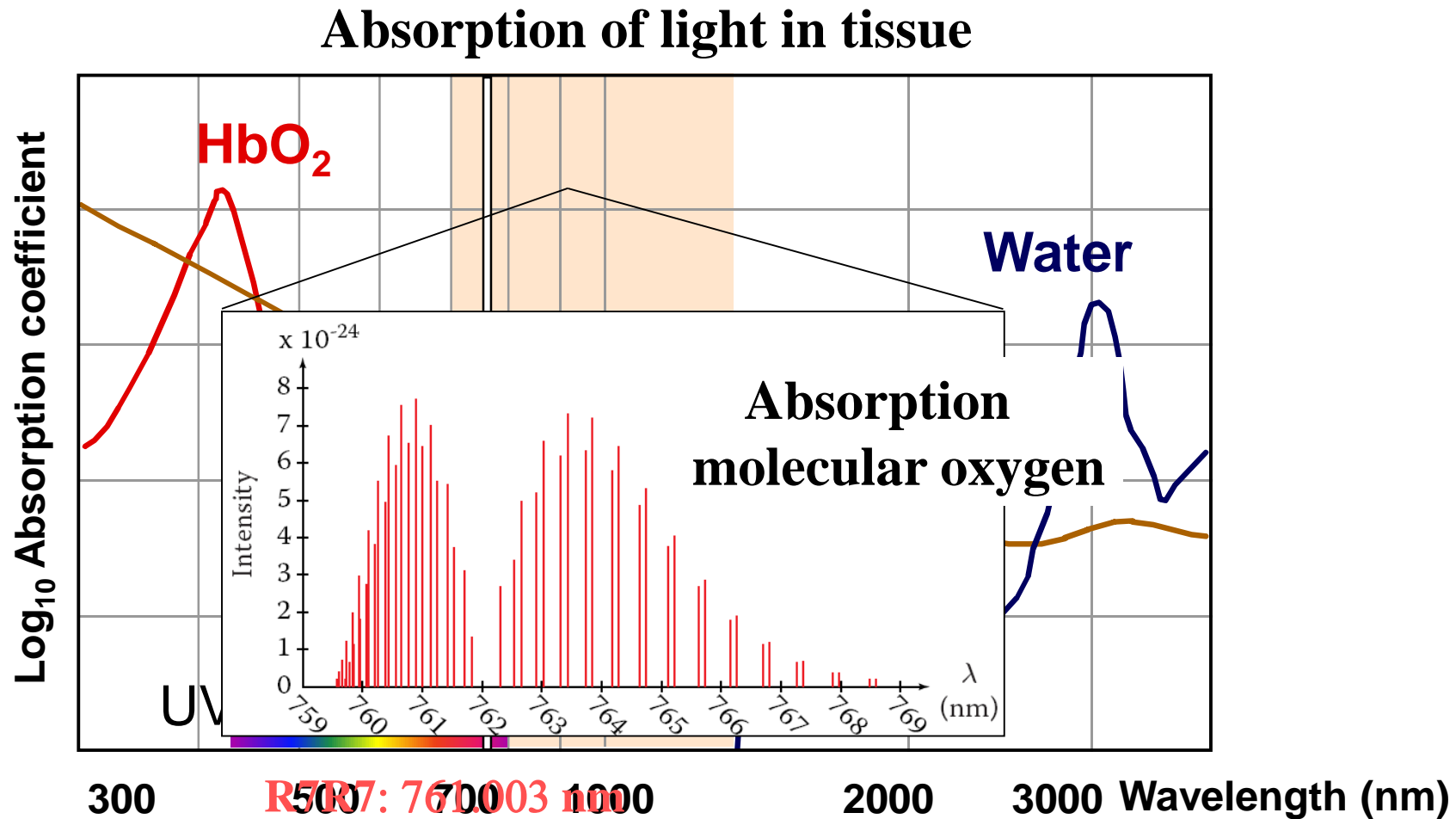


Gas in Scattering Media Absorption Spectroscopy (GASMAS)



Lewander

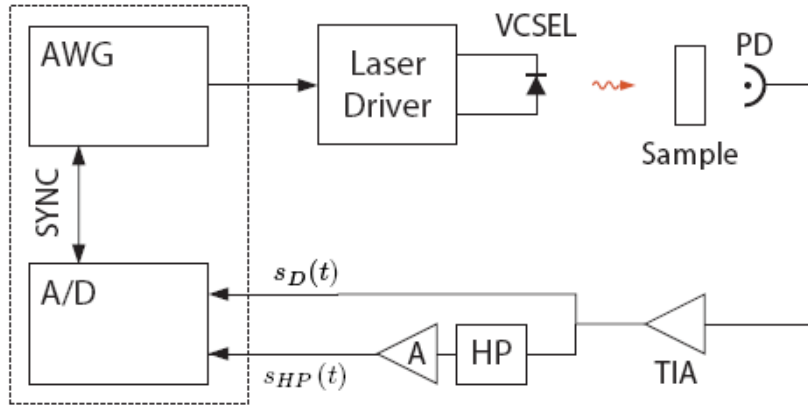
Tissue and Free-Gas Absorption



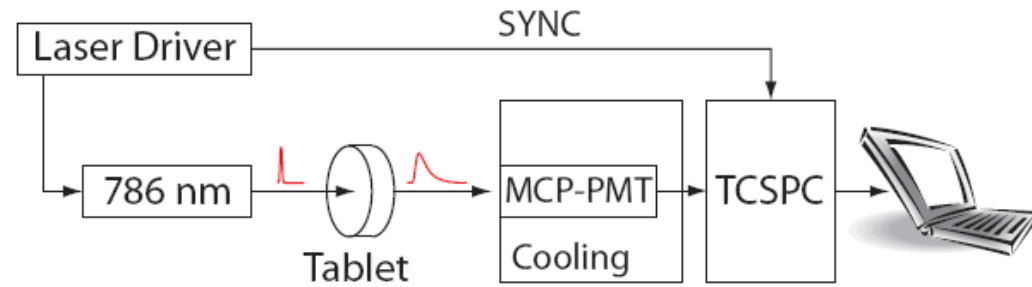
Spectroscopy on Pharmaceutical Tablets – Coll. AstraZeneca

Porosity studies/delayed release

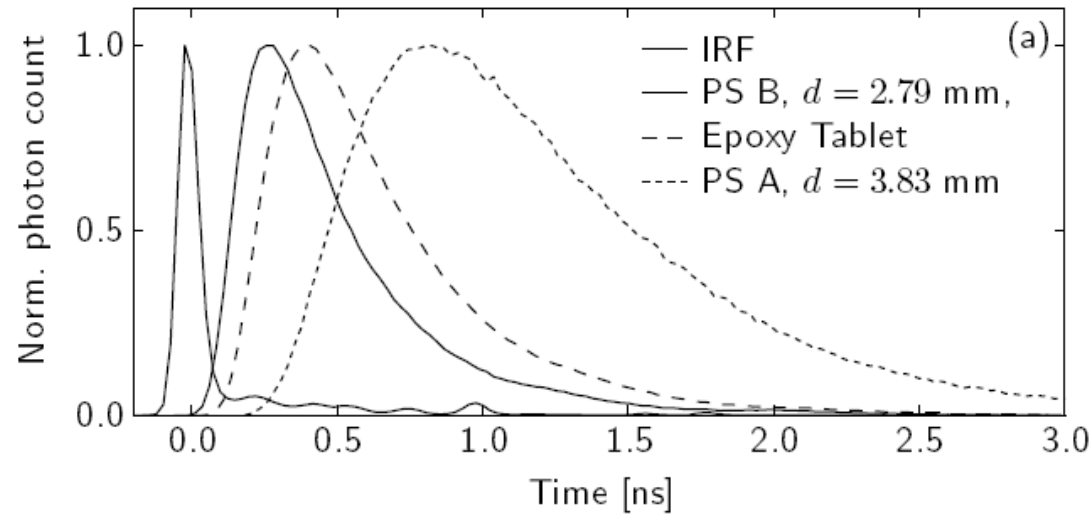
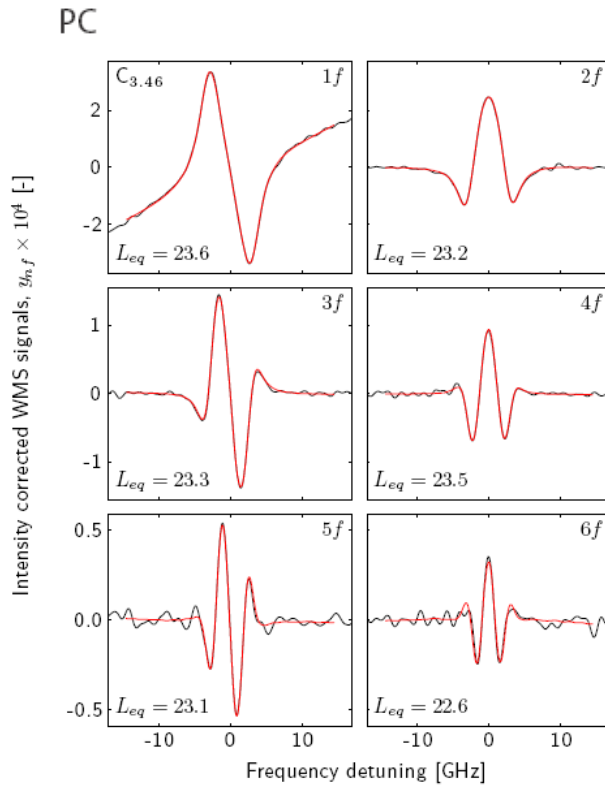
Frequency domain, oxygen



Time domain, TOF/Lidar



T. Svensson et al.



Follow-up: Alignment-free multi-pass gas cell made of nanoporous ceramics -750 times path enhancement !!
Svensson et al. PRL (2011)

Fighting antibiotics resistance

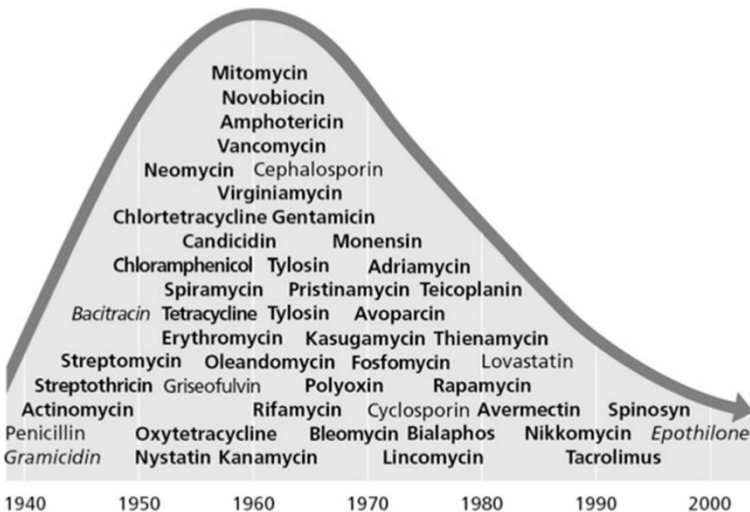
A global challenge !

Antibiotics only work on bacteria – not on virii !

Sinusitis - Otitis



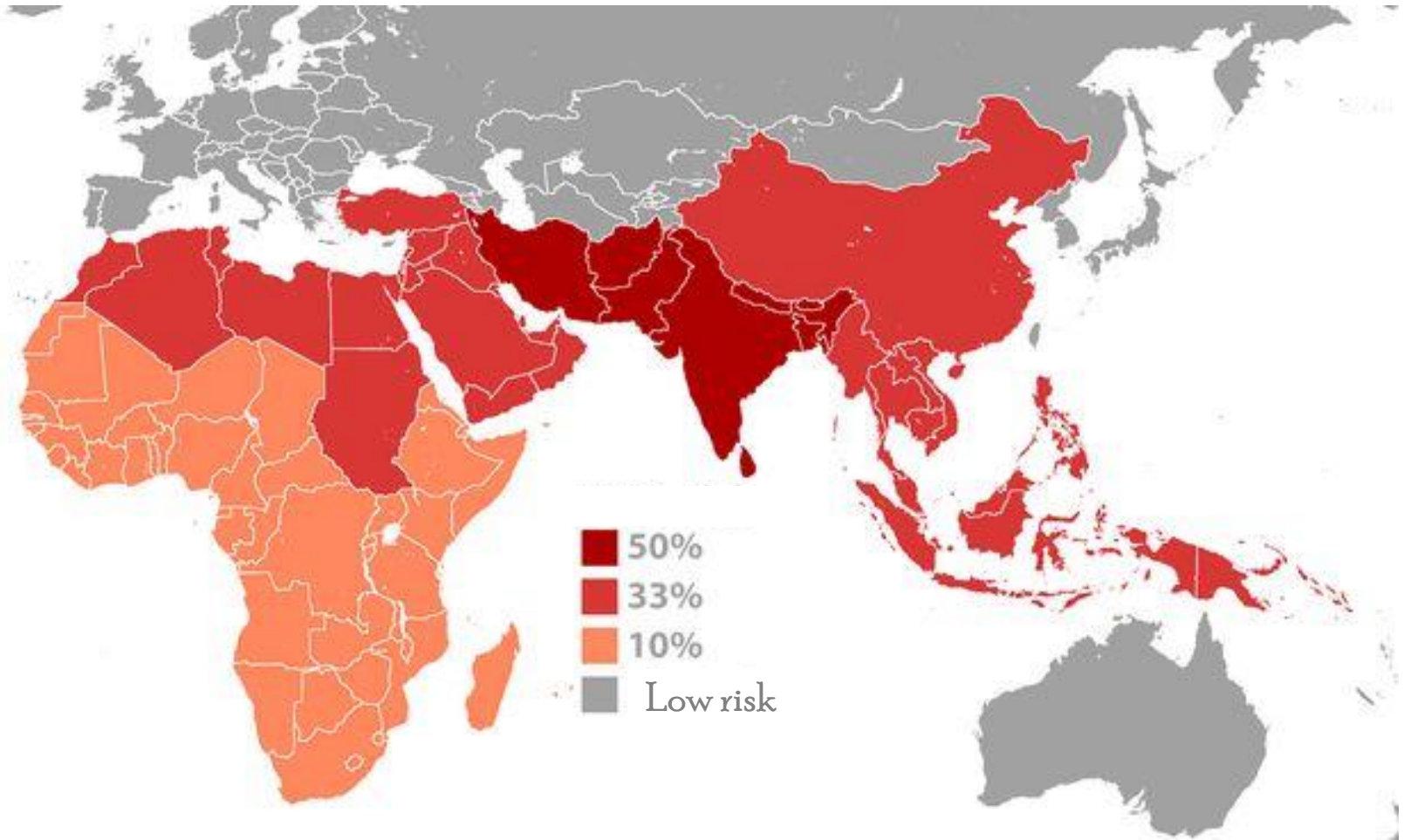
Alexander Flemming NP1945



Pharmacy in Guangzhou; free availability!

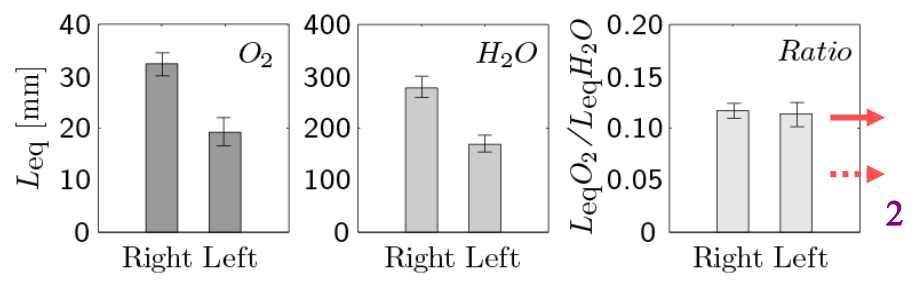
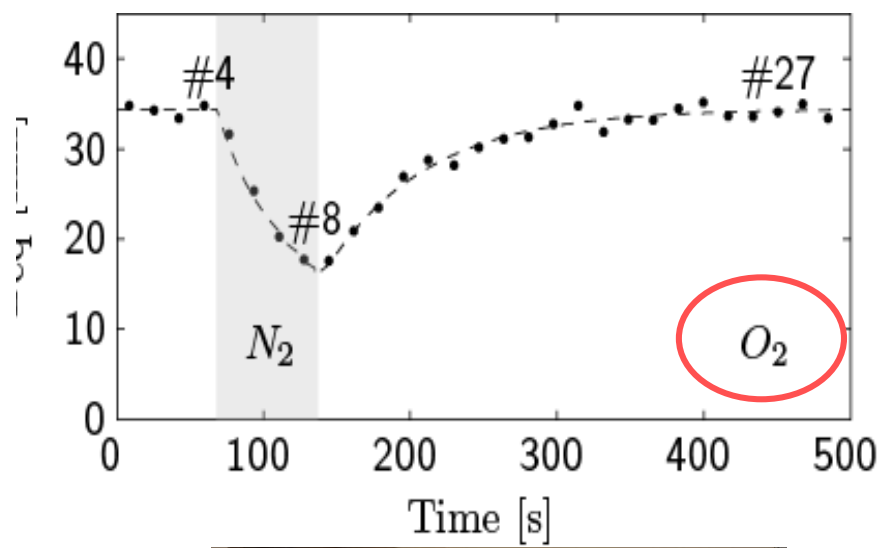
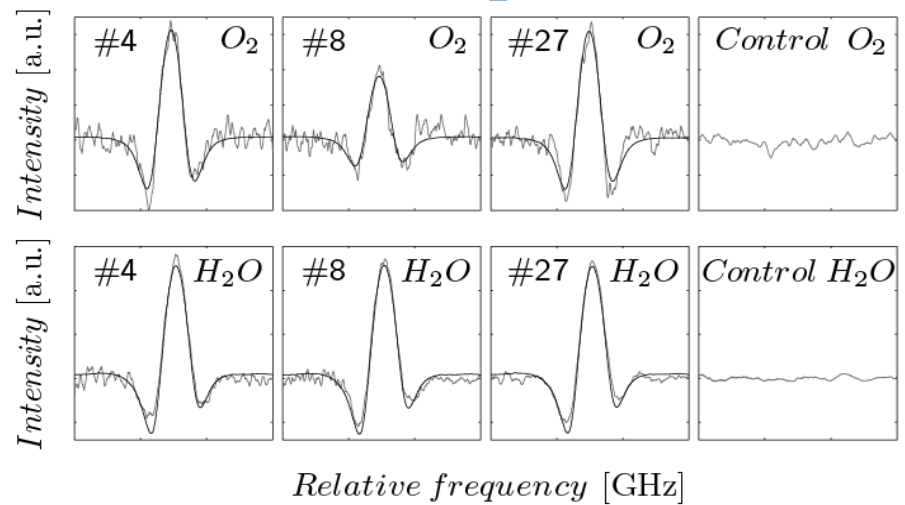
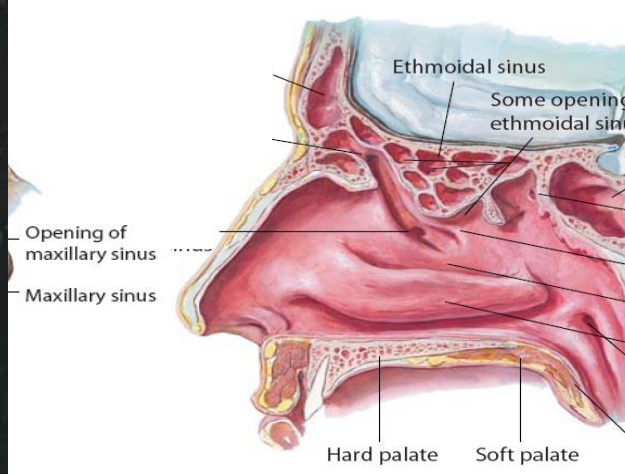
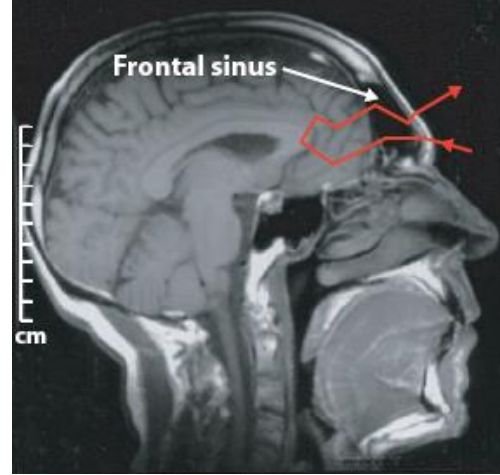
Very few new antibiotics are developed

Percentage of carrier of antibiotic resistant bacteria ALARMING!



Fighting Antibiotics Resistance

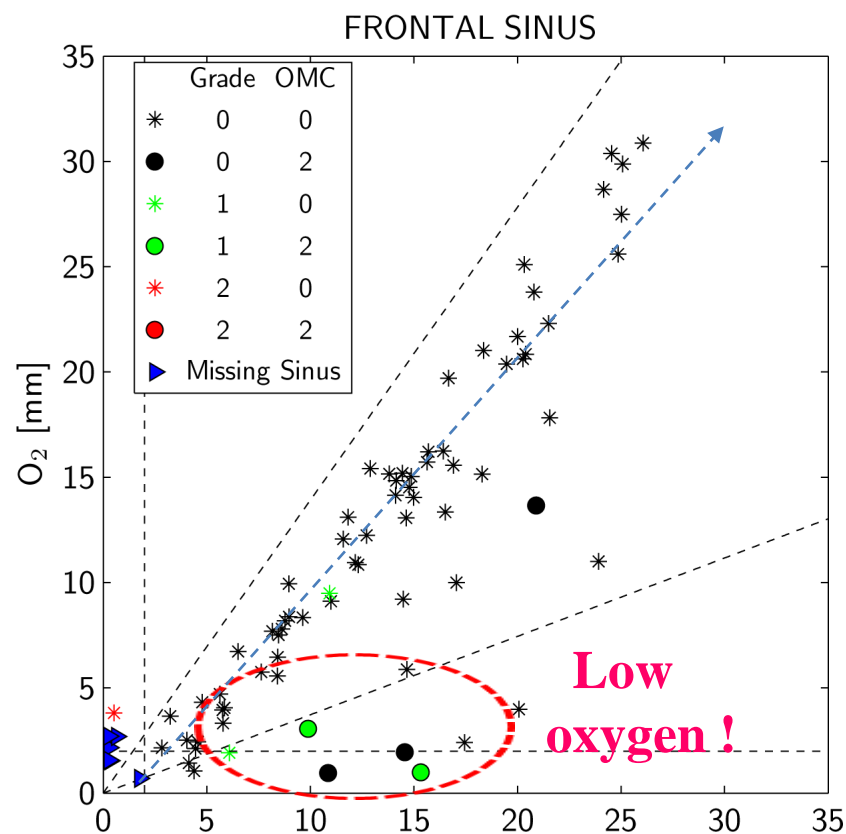
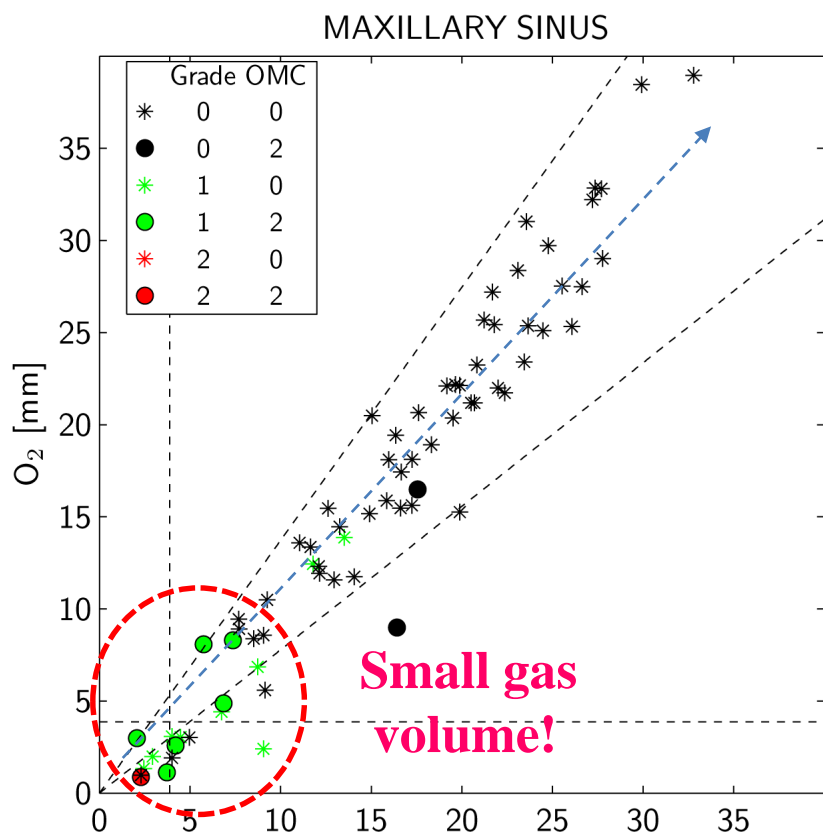
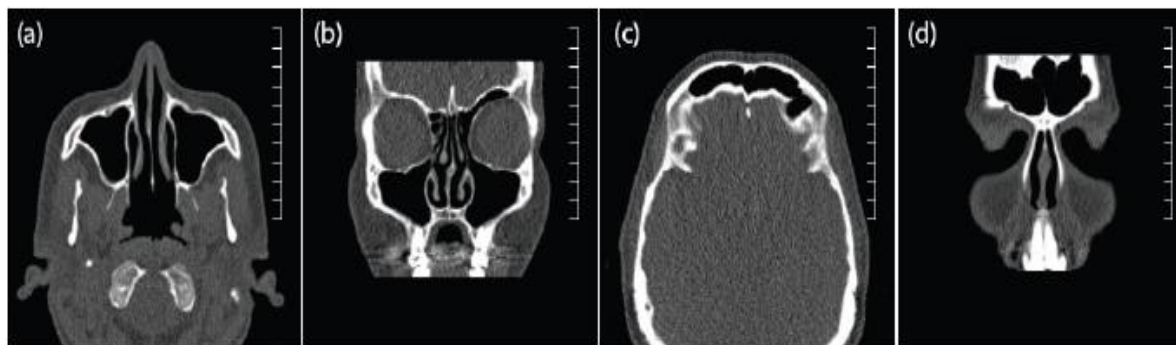
Sinusitis diagnostic by laser-spectroscopic measurement of oxygen and water vapour



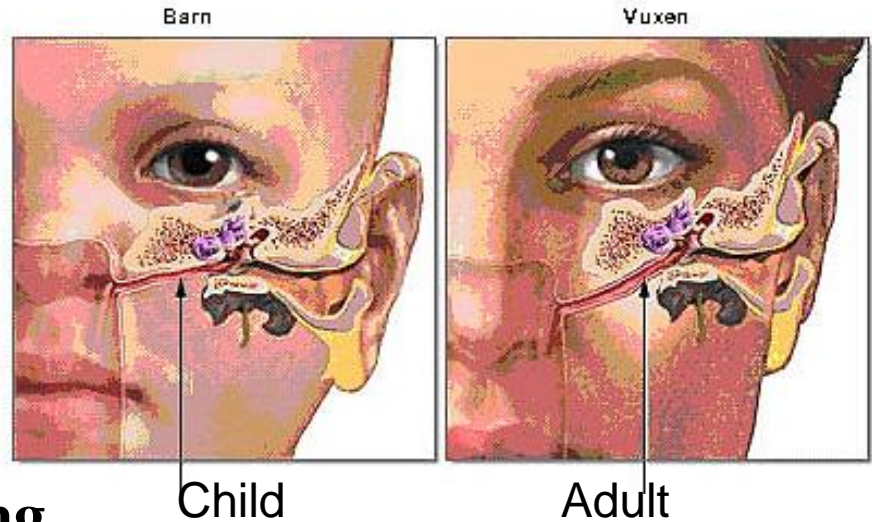
Clinical study on 40 patients

Lewander *et al.* Rhinology (2012) – Results comparable to CT

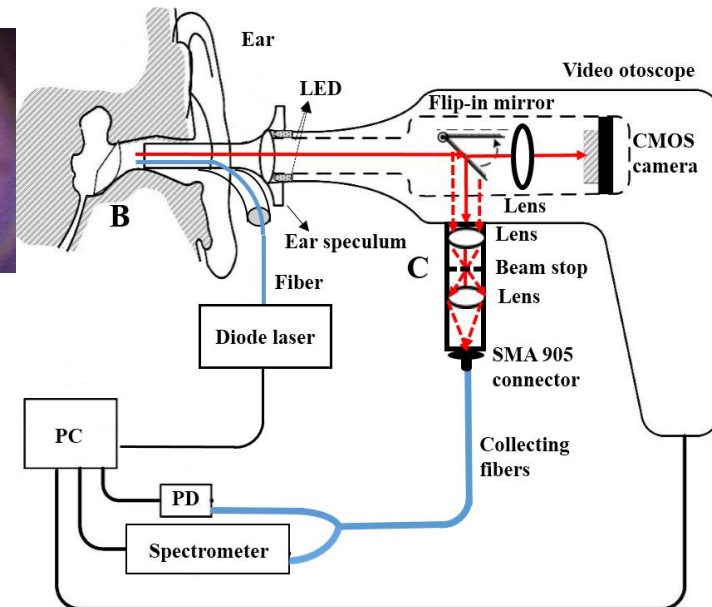
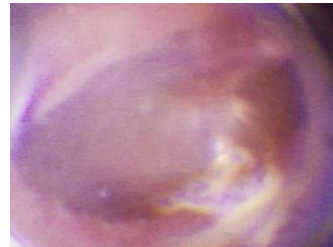
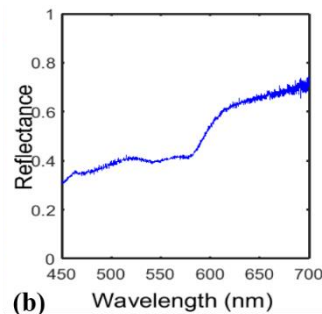
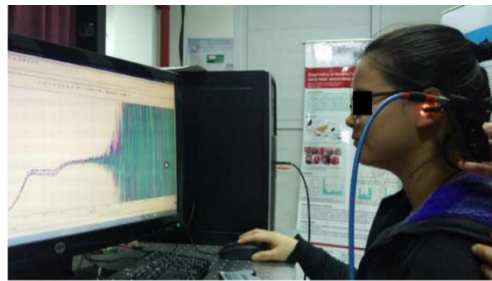
Collaboration:
S. Lindberg
R. Siemund



Middle ear infection (otitis)

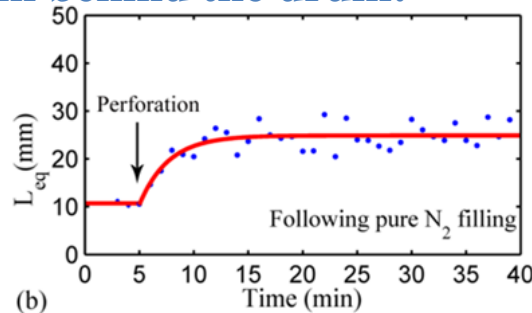
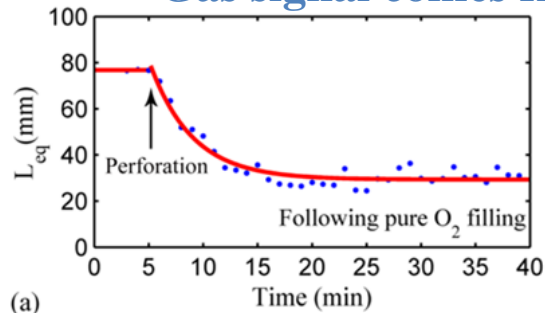


Ear-drum color monitoring



GASMAS Phantom experiments: Zhang *et al.* 2016

Gas signal comes from behind the drum!



Li *et al.* 2018

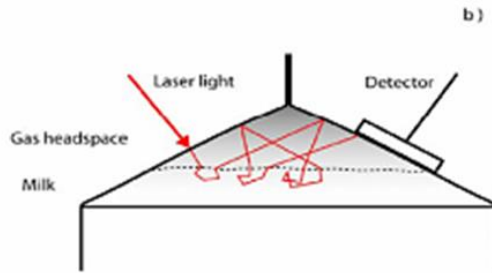
Food safety



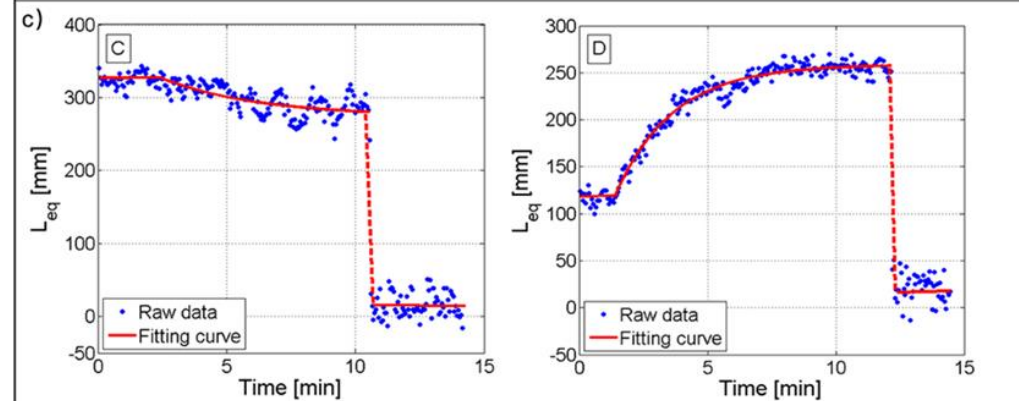
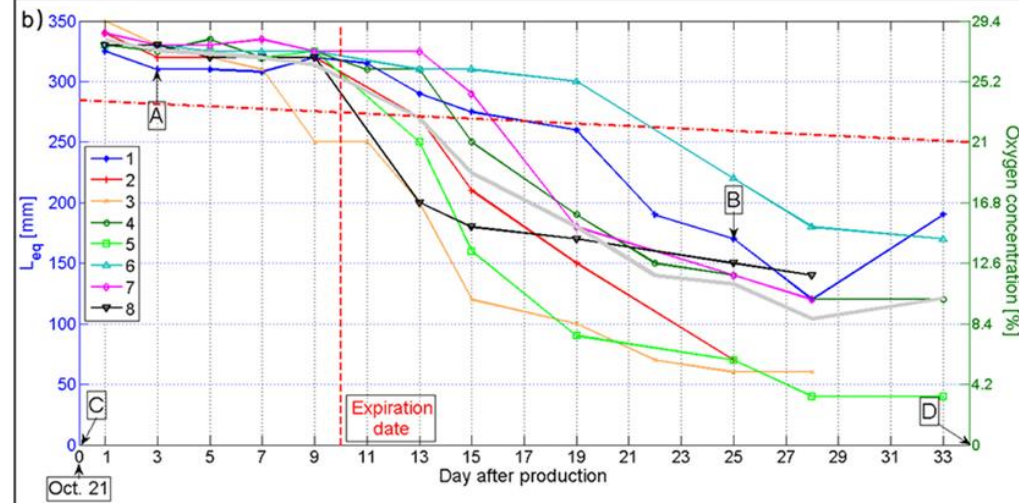
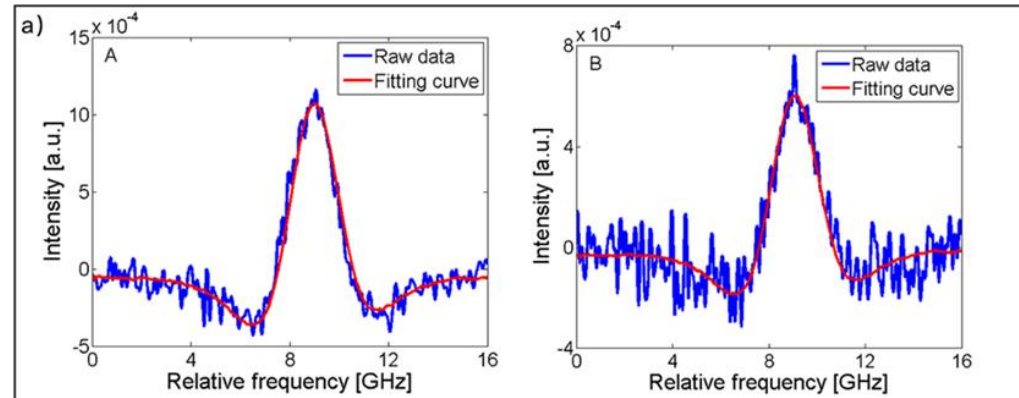
FOOD MONITORING – FOOD SAFETY - FRESHNESS

Most food is packed
in modified atmosphere
(low O₂, high N₂, CO₂)
Milk, bread, meat, eggs ..

Lewander *et al.*; Li *et al.*

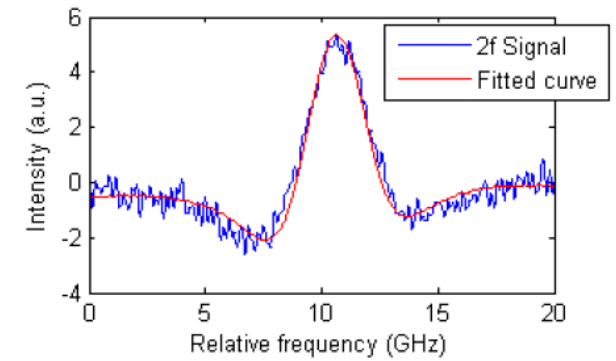
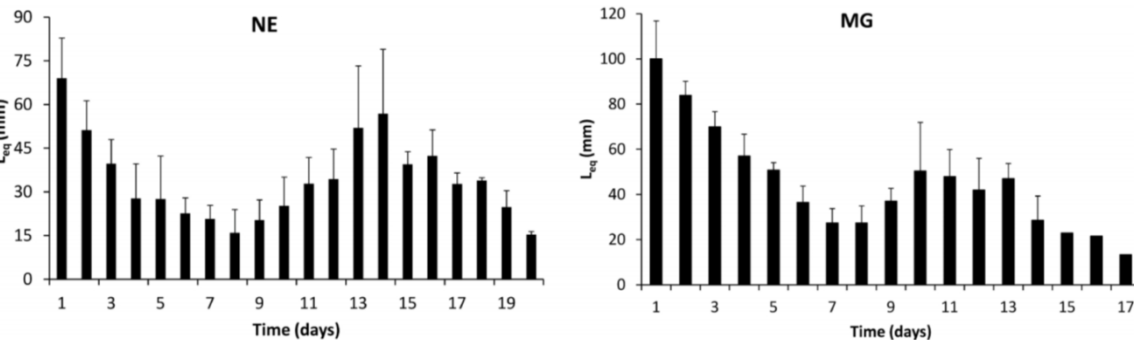
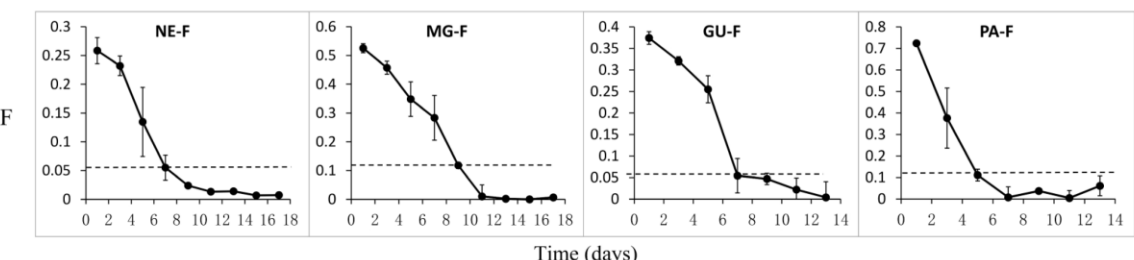
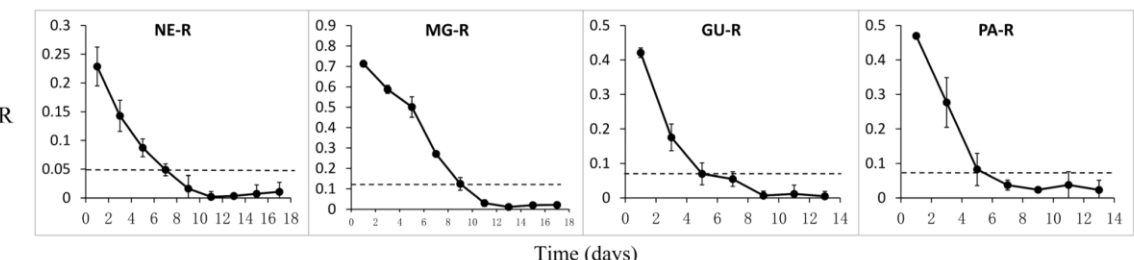
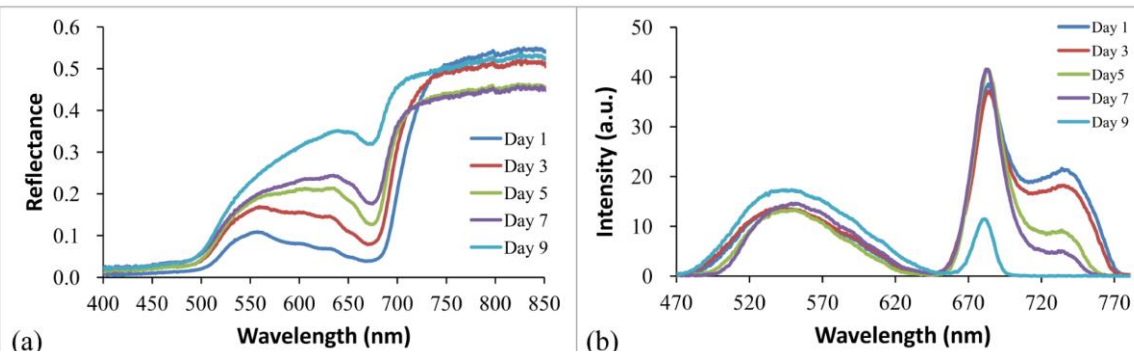
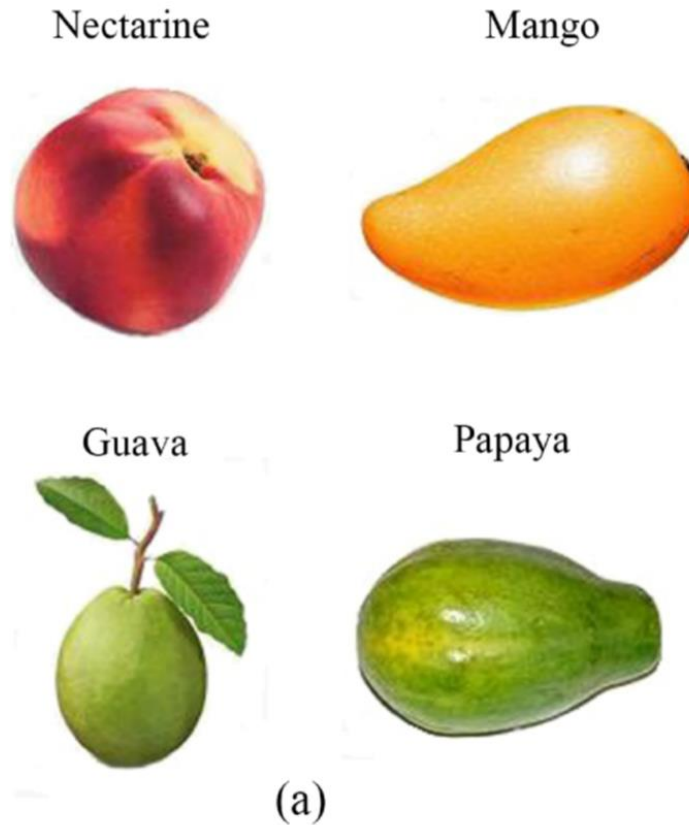


European SAFETYPACK project



Fruit maturing

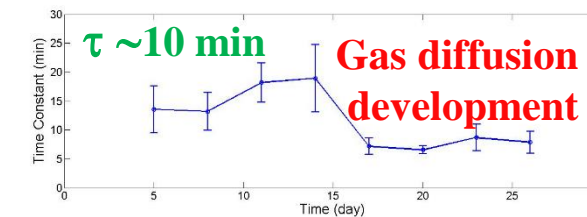
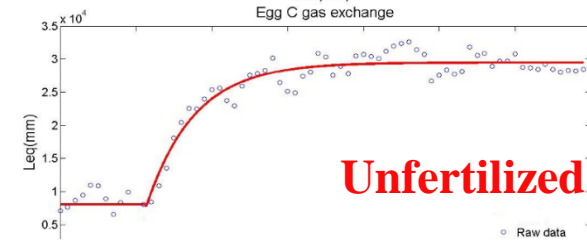
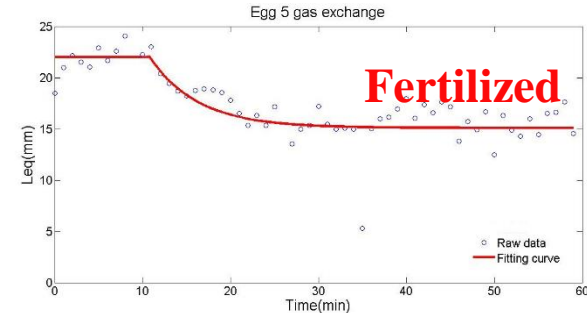
(Zhang *et al.* 2014)



Detection of free oxygen and water vapor in hen eggs

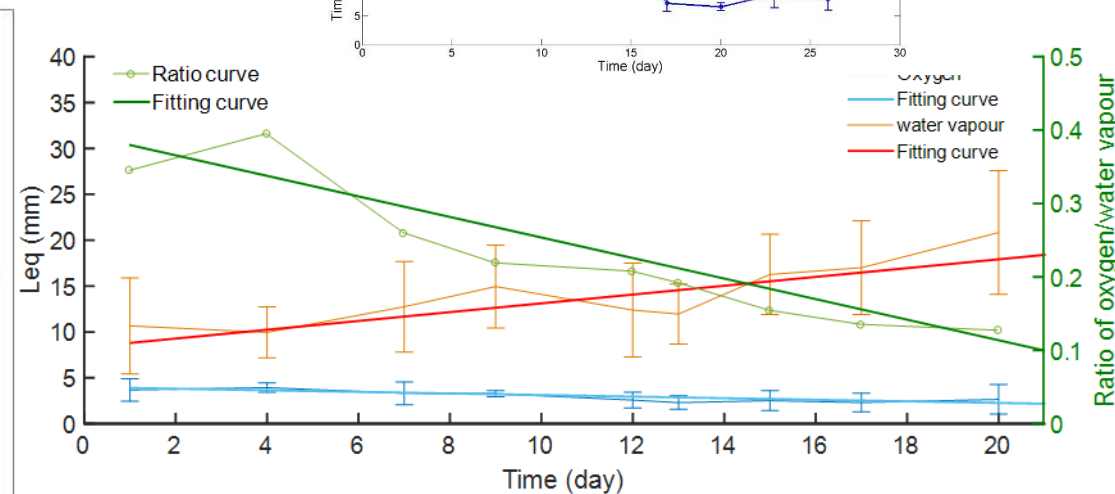
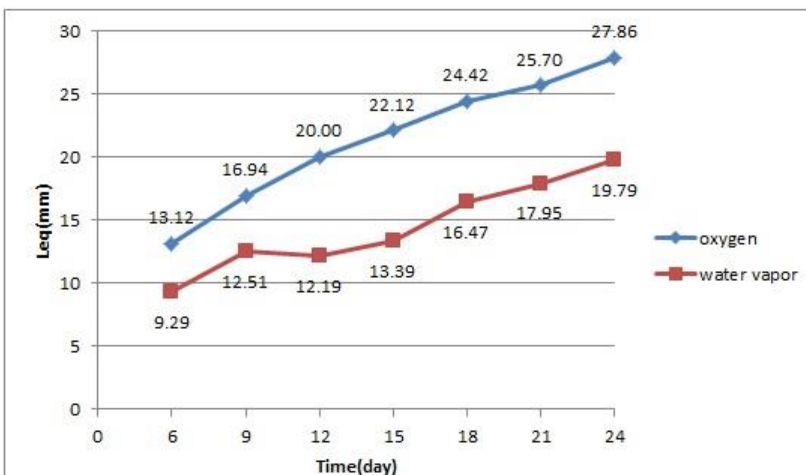
Exploration of diagnostics possibilities

Li *et al.* J. Biophotonics 2017; 2018



Unfertilized

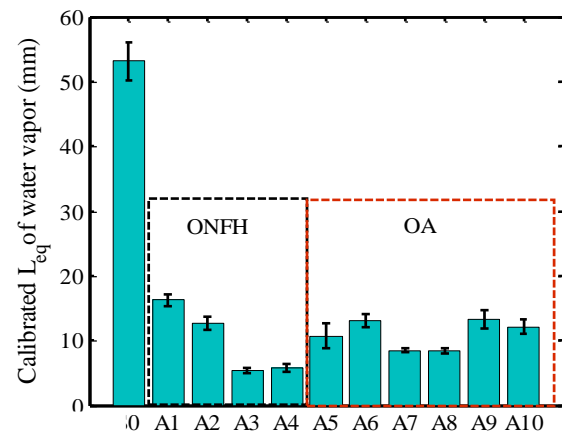
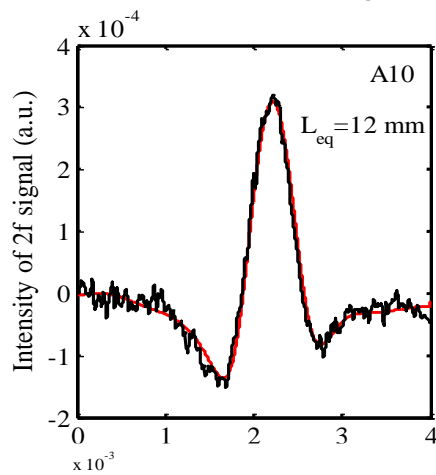
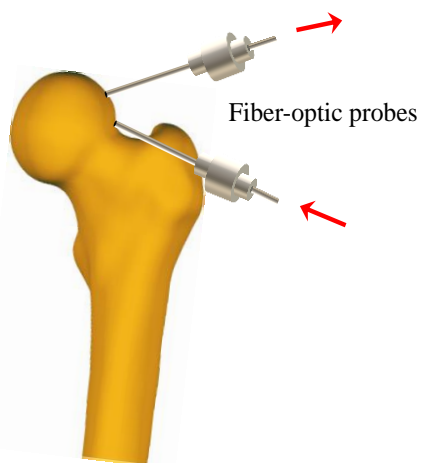
Fertilized



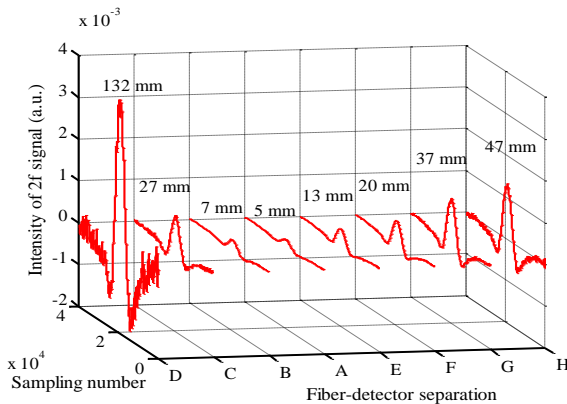
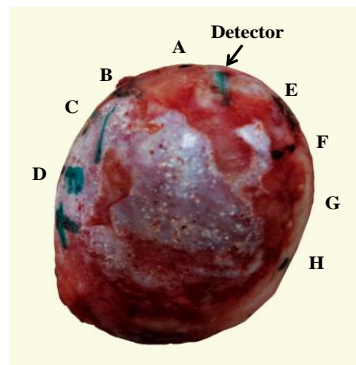
Femoral head necrosis detection



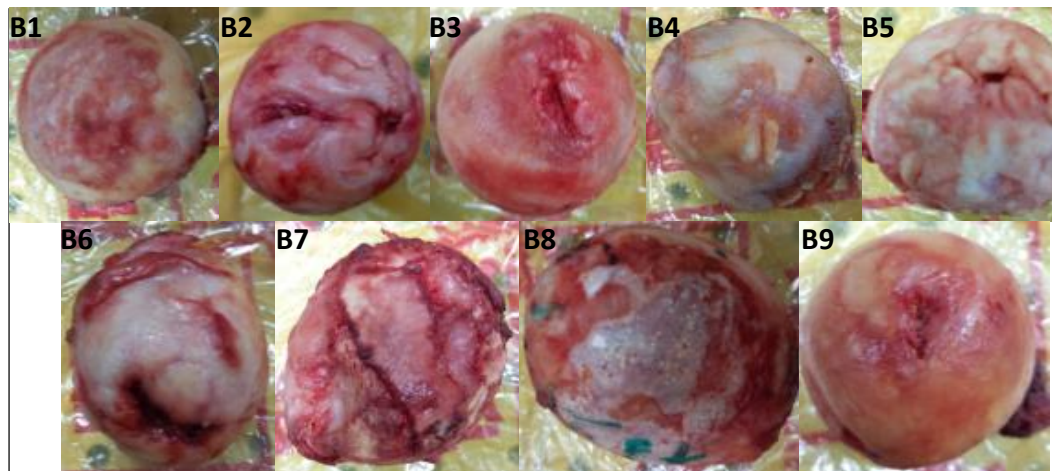
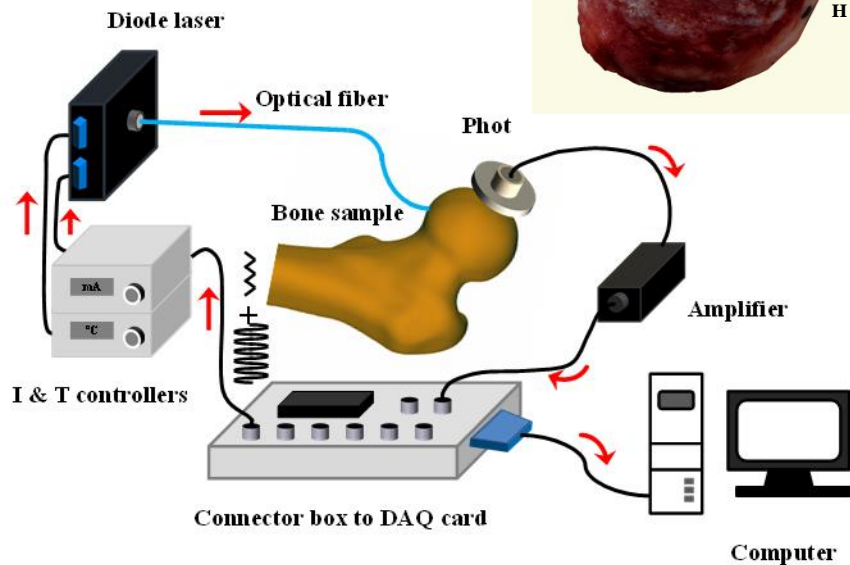
(a) (b)



(b)



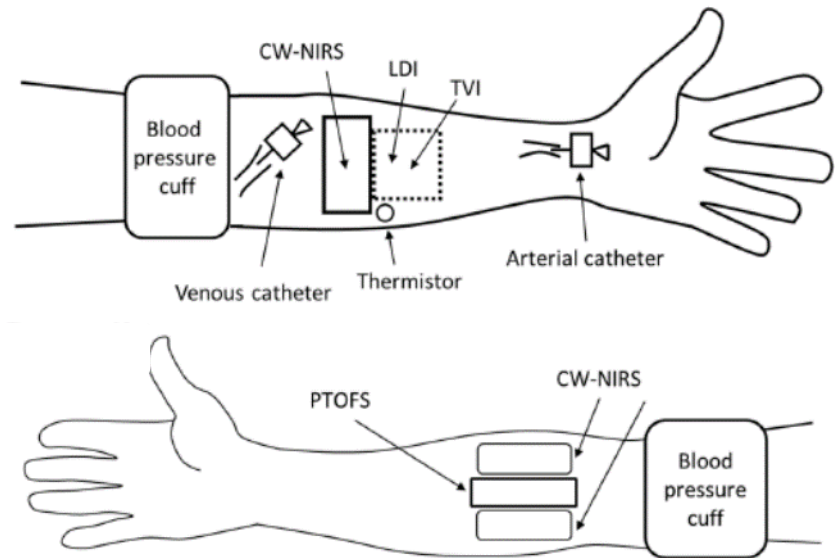
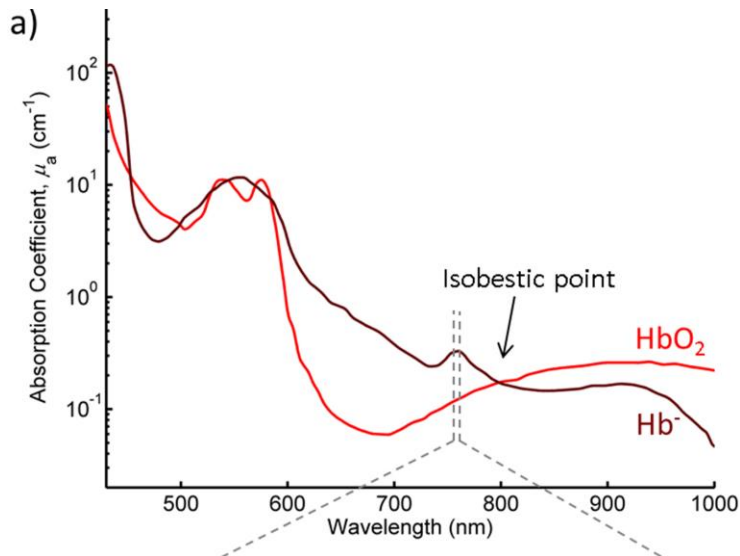
Li et al. 2017
Chen et al. 2018



Patient oxygenation monitoring in general, and in intensive care

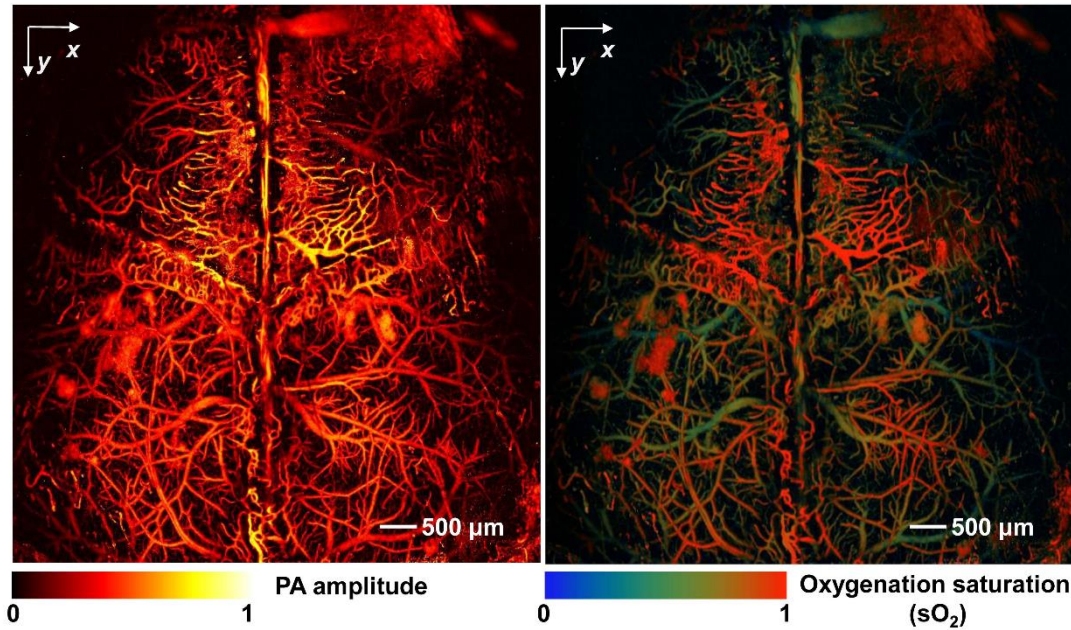


**Steady-state or time-resolving diagnostics?
Different approaches...**

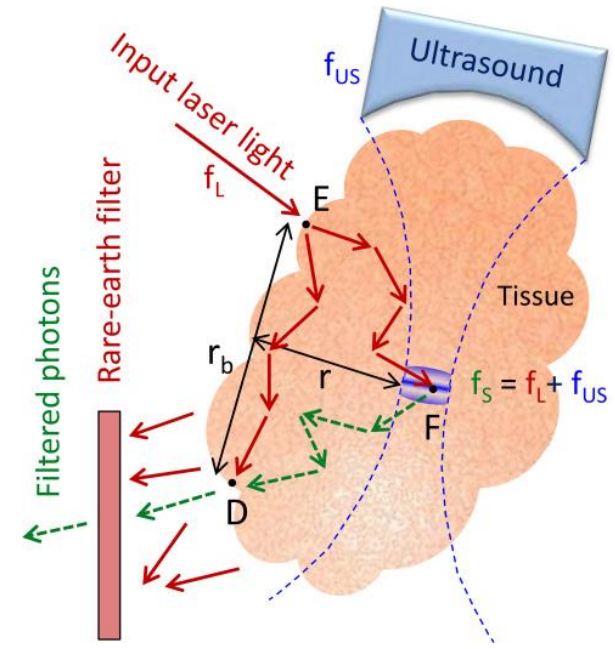


Krite Svanberg et al. (2015, and to appear)

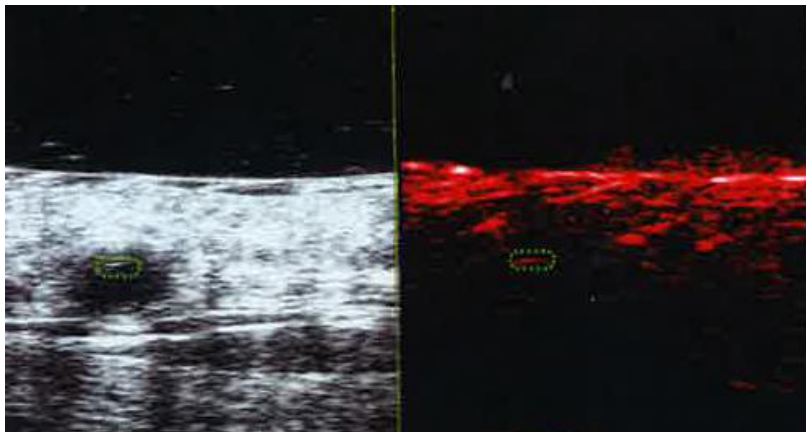
Photoacoustics for oxygenation studies



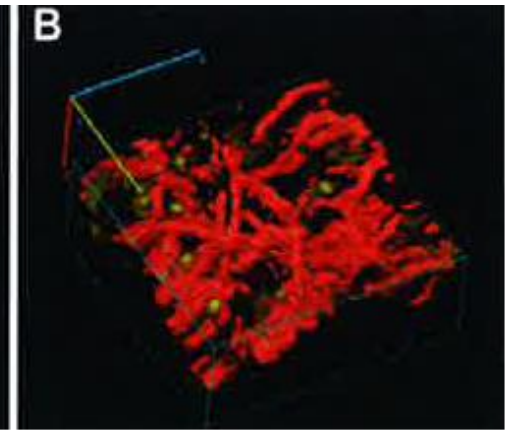
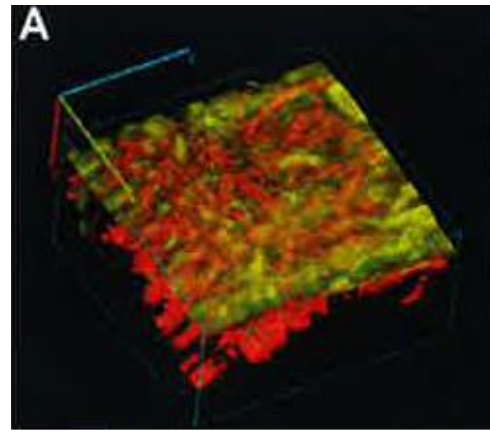
Lihong Wang *et al.*



Walther, Kröll *et al.*, BOE (2017)



Temporalis arthritis

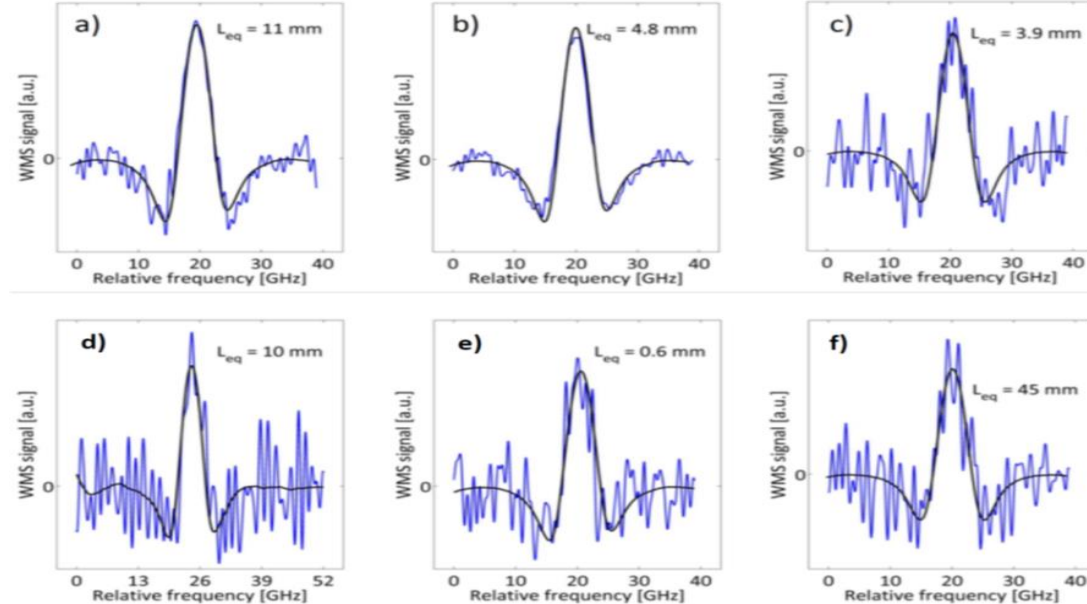
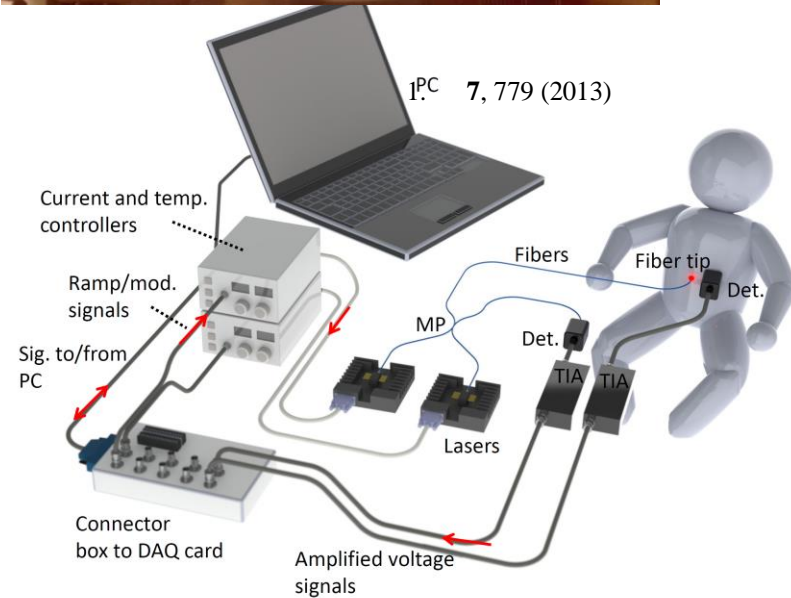
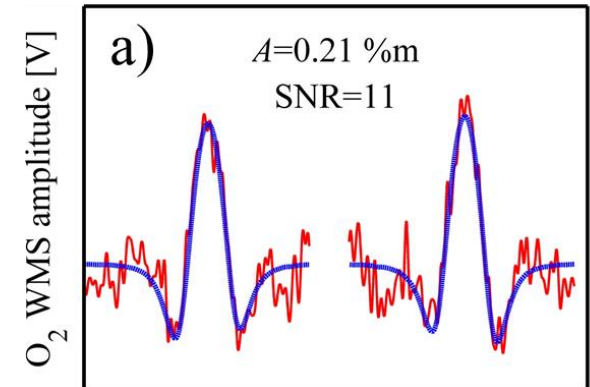


Scheikh, Malmsjö *et al.* (2018)

Skin vascular bed

Neonatal/Premature child monitoring

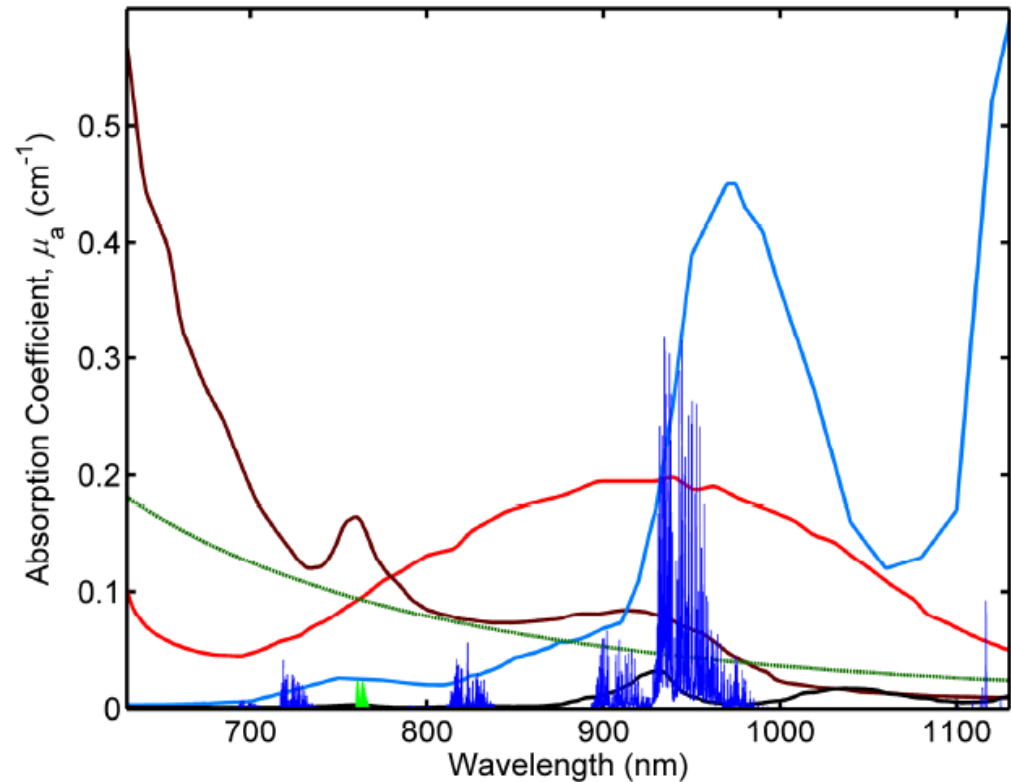
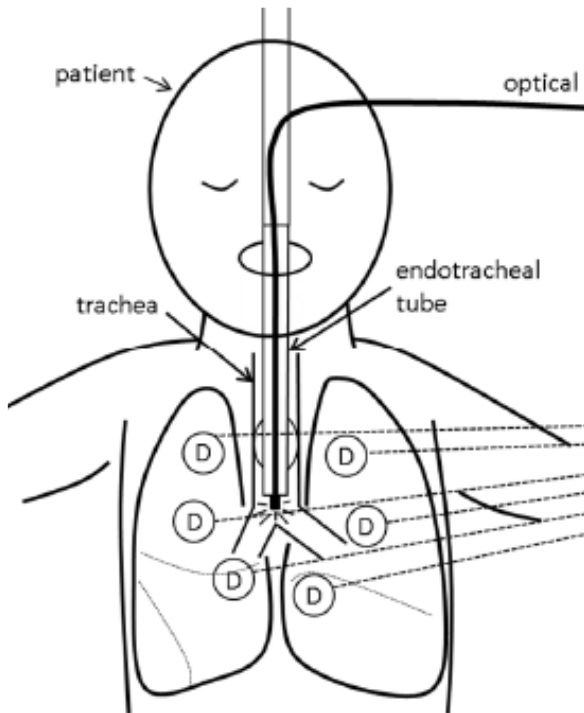
Lack of surfactant – lung problem! Eliminate X-rays! 24 h cot-side monitoring of O₂
P. Lundin *et al.*, V. Fellman, Krite-Svanberg *et al.* (2015), and ongoing ...



GASMAS Reviews: S. Svanberg, *Laser and Photonics Reviews* 7, 779 (2013)

K. Svanberg, S. Svanberg, in *Frontiers in Biophotonics for Translational Medicine*, in U.S. Dimish and M. Olivo (eds) (Springer, Singapore 2015) 307-321

Adult free-oxygen-in-lung monitoring? With respirator feed-back?



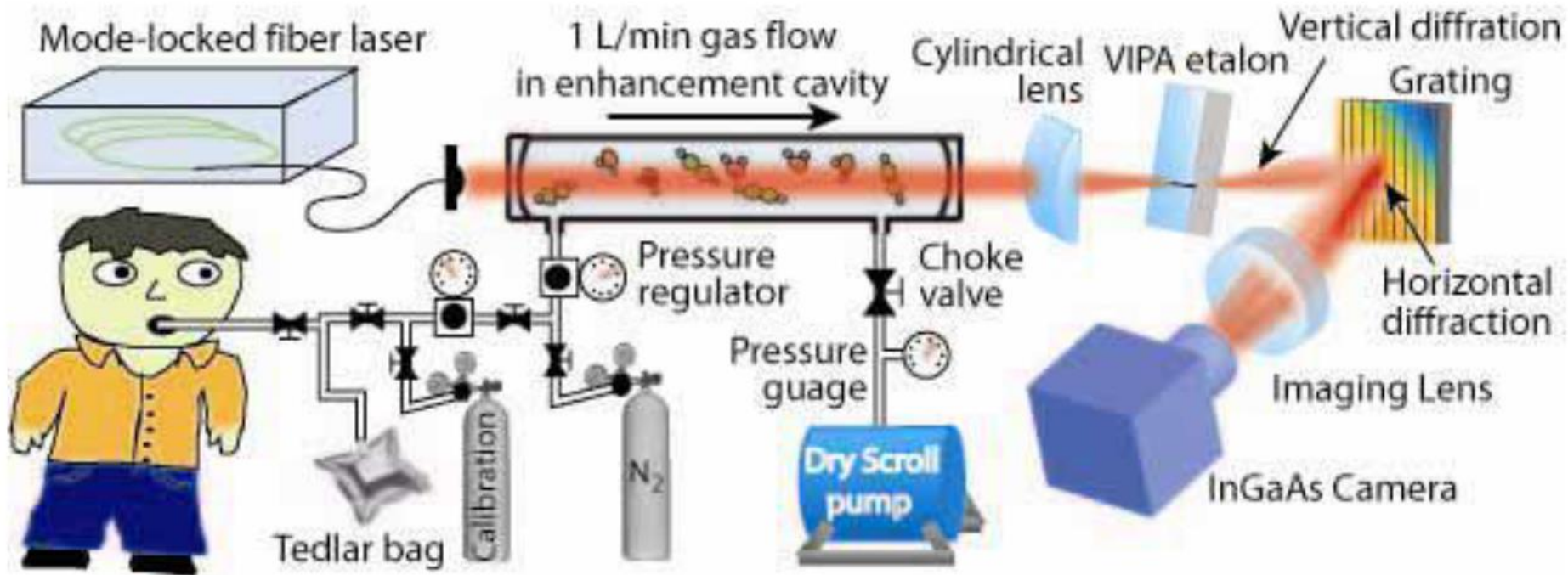
E. Krite Svanberg, S. Svanberg
SE 1500335-3 (2015)

Broad- and narrow-band absorption:
De-oxygenated blood
Oxygenated blood
Free Oxygen
Water vapour

Examples of biomarking gases - - indicating disease

Biomarkers	Metabolic Disorders / Diseases
Acetone ($\text{OC}(\text{CH}_3)_2$)	Lung cancer, diabetes, dietary fat losses, congestive heart failure, brain seizure
Acetaldehyde (CH_3CHO)	Alcoholism, liver related diseases, lung cancer
Ammonia (NH_3)	Renal diseases, asthma
Butane (C_4H_{10})	Tumor marker in lung cancer
Carbon monoxide (CO)	Oxidative stress, respiratory infection, anaemias

Breath analysis by laser spectroscopy



From: Thorpe et al.: Opt. Exp. 2008

Going beyond the borders.....

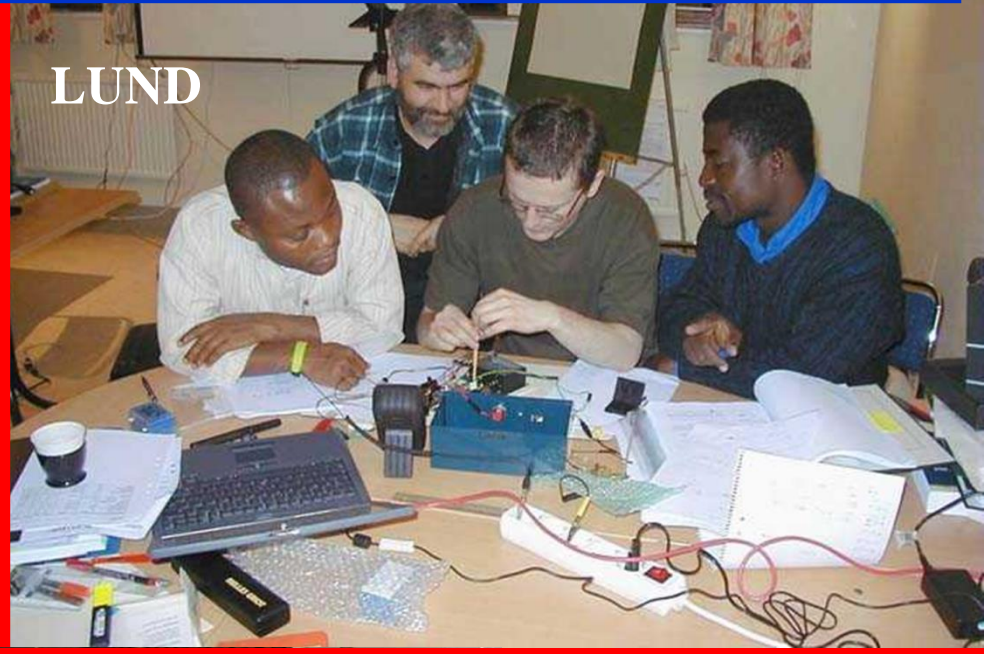


Realistic Applications for the Developing World

KENYA



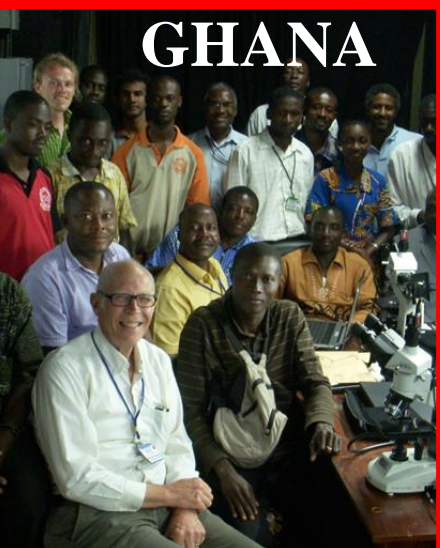
LUND



MALI



GHANA



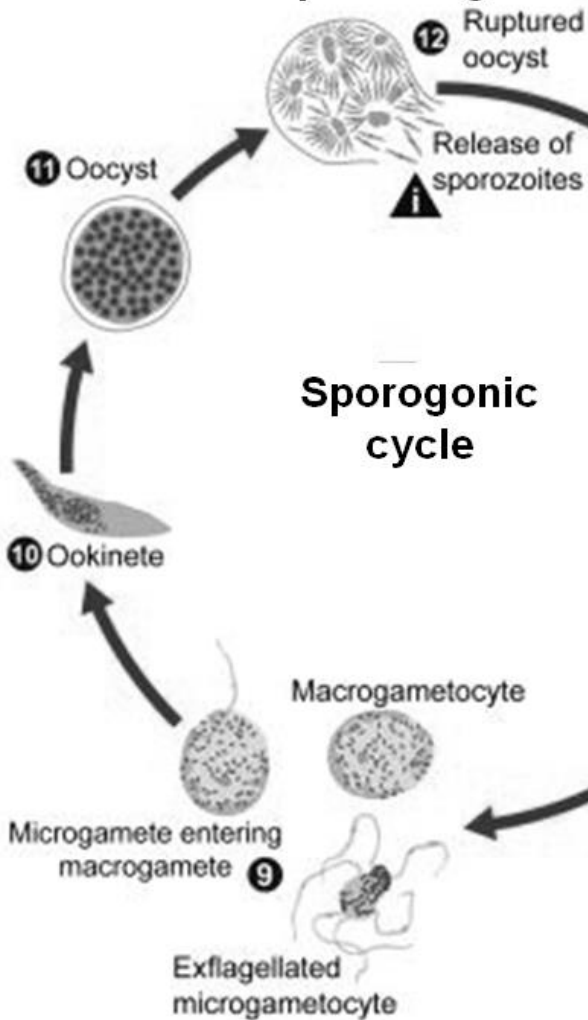
SENEGAL



MALARIA

0.7 million people die every year !

Mosquito stages

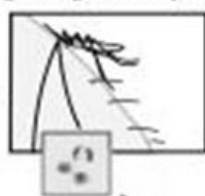


Sporogonic cycle

1 Mosquito takes a blood meal (injects sporozoites)



8 Mosquito takes a blood meal (ingests gametocytes)



Human liver stages

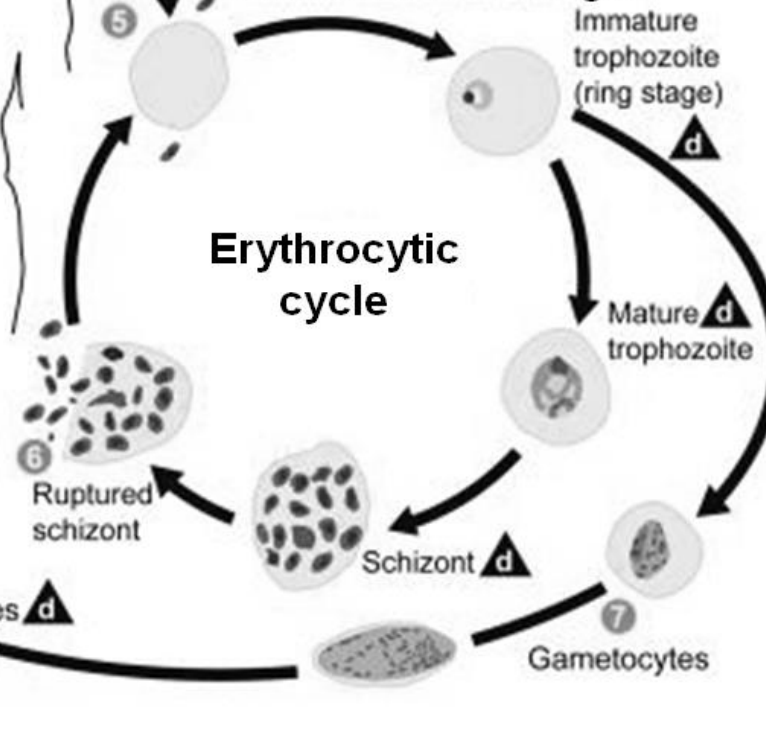


Exo-erythrocytic cycle



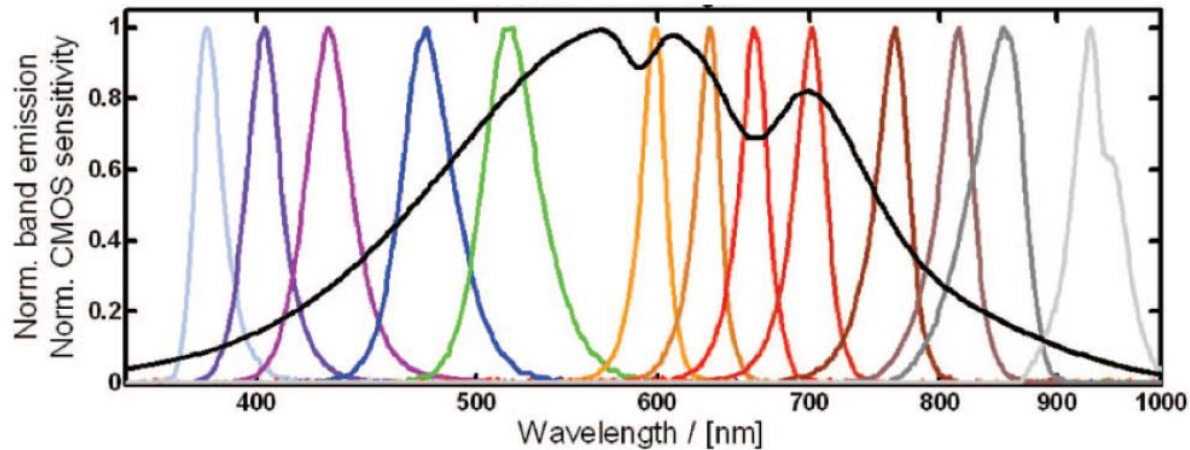
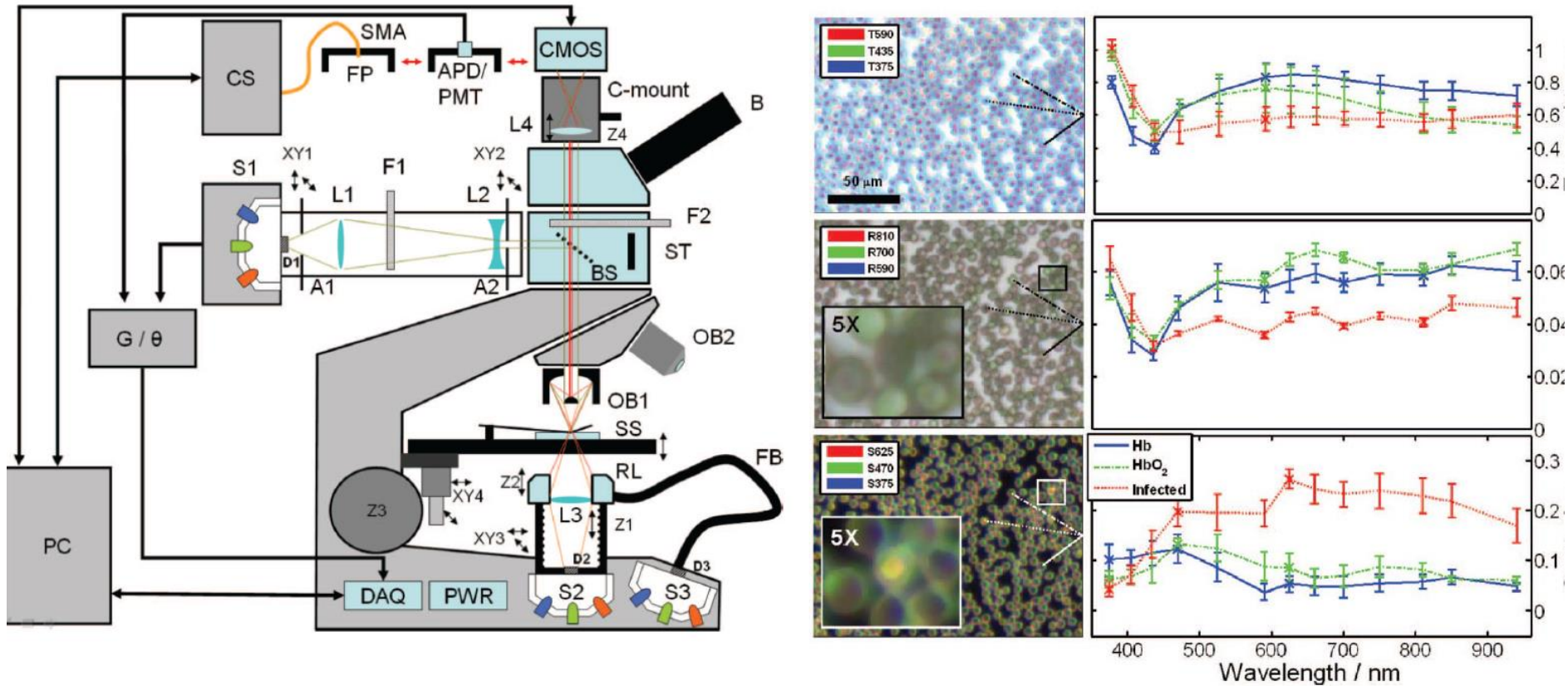
Human blood stages

Erythrocytic cycle

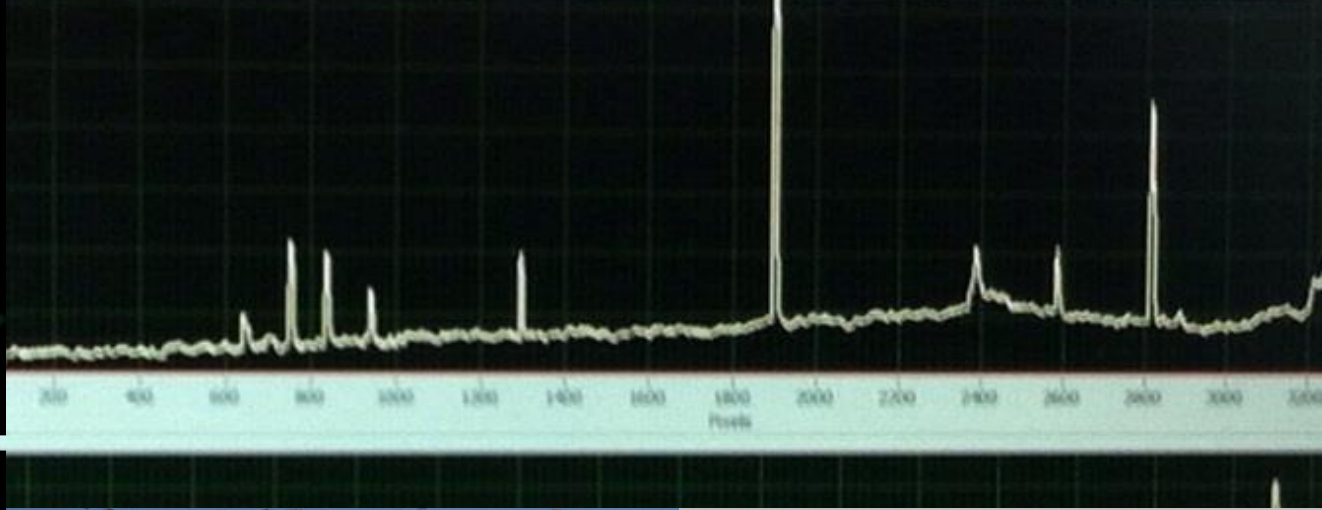


i = Infective Stage
d = Diagnostic Stage

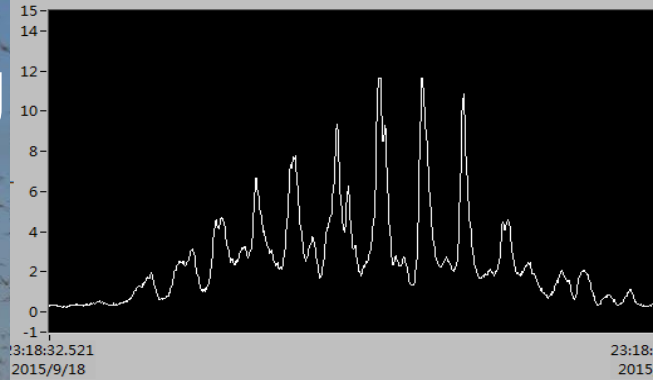
LED Multispectral microscopy malaria detection



*Brydegaard
et al.*



Insect monitoring
Pollinators
Disease vectors
Agricultural pests







↑
The perspective:
Blue Planet Earth
seen from Saturn
(NASA Cassini Mission)

Let us take care of each other
on spaceship Earth !